



May 2013

Chula Vista Menu



| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p>Apr 2013</p> <table border="1"> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table> | M | T | W | T | F | S | S | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | <p>Jun 2013</p> <table border="1"> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table> | M | T | W | T | F | S | S | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | <p>1</p> <p>AM Snack: Animal Crackers/Milk</p> <p>L: Cheese Quesadilla, Beans, Cucumbers, Milk</p> <p>PM Snack: Pretzels with Juice</p> | <p>2</p> <p>AM Snack: Orange Slices/Graham Crackers</p> <p>L: Macaroni & Cheese, Green Beans, Milk</p> <p>PM Snack: Fresh Vegetables with Dip</p> | <p>3</p> <p>AM Snack: English Muffin/Milk</p> <p>L: Tomato Soup, Crackers w/Cheese Fresh Fruit, Milk</p> <p>PM Snack: Jello with Fruit and Crackers</p> |
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| 8 | 9 | 10 | 11 | 12 | 13 | 14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>6</p> <p>AM Snack: Cereal with Milk</p> <p>L: Potato, Cheese and Egg Burrito, Fruit, Milk</p> <p>PM Snack: Trail Mix/Juice</p> | <p>7</p> <p>AM Snack: French Toast Sticks/Milk</p> <p>L: Baked Beans w/ Turkey Hot Dogs, Fresh Veggies, Milk</p> <p>PM Snack: Melon Slices/Crackers</p> | <p>8</p> <p>AM Snack: Orange Slices/Graham Crackers</p> <p>L: Spaghetti with Cheese/Marinara Sauce, Green Beans, Milk</p> <p>PM Snack: Goldfish Crackers/Juice</p> | <p>9</p> <p>AM Snack: Apple Quarters/Cheese</p> <p>L: Sun Butter and Jelly Rolls, Fruit, Milk</p> <p>PM Snack: Fresh Vegetables with Dip</p> | <p>10</p> <p>AM Snack: Toast with cream cheese</p> <p>L: Chicken Noodle Soup, Crackers, Fresh Fruit, Milk</p> <p><u>Muffins for Mom!</u></p> <p>PM Snack: Bananas with Graham Crackers</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>13</p> <p>AM Snack: French Toast Sticks/Milk</p> <p>L: Egg and Cheese Mc Muffin, Tater Tots, Fruit, Milk</p> <p>PM Snack: Fresh Vegetables with Dip</p> | <p>14</p> <p>AM Snack: Toast with Sun butter</p> <p>L: Nachos, Beans, Cheese, Lettuce, Sour Cream, Orange Slices Milk</p> <p>PM Snack: Jello with Fruit and Crackers</p> | <p>15</p> <p>AM Snack: Cereal with Milk</p> <p>L: Hot Dog on a Bun, Fresh Fruit, Milk</p> <p>PM Snack: Wheat Thins/Juice</p> | <p>16</p> <p>AM Snack: Animal Crackers/Milk</p> <p>L: Grilled Cheese Sandwich on Wheat Bread, Peas, Milk</p> <p>PM Snack: Trail Mix/Juice</p> | <p>17</p> <p>AM Snack: Orange Slices/Graham Crackers</p> <p>L: Vegetable Soup, Crackers with Cheese Slices, Fruit, Milk</p> <p>PM Snack: Cucumbers with Dip</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>20</p> <p>AM Snack: Bananas with Graham Crackers</p> <p>L: Mini Meatball Subs with Cheese, Green Beans, Milk</p> <p>PM Snack: Fresh Vegetables with Dip</p> | <p>21</p> <p>AM Snack: Cinnamon Oatmeal with Milk</p> <p>L: Waffles with Applesauce, Turkey Bacon, Milk</p> <p>PM Snack: String Cheese with Crackers</p> | <p>22</p> <p>AM Snack: Fruit Smoothies with Graham Crackers</p> <p>L: Sun Butter and Jelly Rolls, Fruit, Milk</p> <p>PM Snack: Goldfish Crackers/Juice</p> | <p>23</p> <p>AM Snack: Lowfat Yogurt/Crackers</p> <p>L: English Muffin Cheese Pizza, Salad, Milk</p> <p>PM Snack: Ritz Crackers/Sunbutter</p> | <p>24</p> <p>AM Snack: Cereal with Milk</p> <p>L: Tomato Soup, Crackers w/Cheese Fresh Fruit, Milk</p> <p>PM Snack: Pretzels with Juice</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>27</p> <p>Cook's Choice</p>  | <p>28</p> <p>AM Snack: Bananas with Graham Crackers</p> <p>L: Vegetable Soup, Crackers with Cheese Slices, Fruit, Milk</p> <p>PM Snack: Ritz Crackers/Cream Cheese</p> | <p>29</p> <p>AM Snack: Animal Crackers/Milk</p> <p>L: Cheese and Turkey Rolls, Apple Slices, Milk</p> <p>PM Snack: Jello with Fruit and Crackers</p> | <p>30</p> <p>AM Snack: Cereal Bars with Fruit/Milk</p> <p>L: Macaroni & Cheese, Green Beans, Milk</p> <p>PM Snack: Cinnamon Oatmeal with Milk</p> | <p>31</p> <p>AM Snack: Lowfat Yogurt/Crackers</p> <p>L: Chicken Noodle Soup, Crackers, Fresh Fruit, Milk</p> <p>PM Snack: Fruit Smoothies with Trail Mix</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |