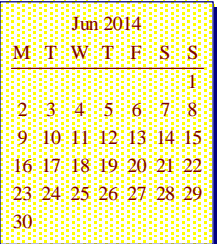




July 2014

Chula Vista Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 AM Snack: Apple Sauce/Graham Crackers L: Waffles with Fresh Fruit,Turkey Bacon, Milk PM Snack: Cheese Sticks with Goldfish	2 AM Snack: Pancakes/Milk L: Nachos, Beans, Cheese, Lettuce, Sour Cream, Fresh Fruit, Milk PM Snack: Cheez-its/Fruit	3 AM Snack: English Muffins/Apples L: Turkey Hot Dogs on a Bun, Corn Chips,Watermelon, Milk PM Snack: Mixed Berries with Yogurt	4 Happy 4th of July School Closed 
7 AM Snack: Cinnamon Oatmeal with Milk L: Chicken Nuggets, Mashed Potatoes, Mixed Vegetables, Milk PM Snack: Crackers with Cream Cheese	8 AM Snack: Animal Crackers & Fresh Fruit L: Bean and Cheese Burrito, Red Rice, Carrot Sticks, Milk PM Snack: Bananas and Graham Crackers	9 AM Snack: Cereal with Milk L: Cheese Quesadilla, Beans, Cucumbers, Milk PM Snack: Trail Mix with Juice	10 AM Snack: Orange Slices and Crackers L: Scrambled Eggs with Cheese, Turkey Bacon, Fresh Fruit, Milk PM Snack: Goldfish with Raisins	11 AM Snack: Peaches with Toast L: Macaroni & Cheese, Green Beans, Milk PM Snack: Celery with Cream Cheese
14 AM Snack: Pancakes/Milk L: Chicken Noodle Soup,Cheese with Crackers, Fresh Fruit, Milk PM Snack: Fresh Vegetables with Dip	15 AM Snack: Granola Bars/Milk L: English Muffin Cheese Pizza, Salad, Milk PM Snack: Diced Peaches with Crackers	16 AM Snack: Fresh Fruit and Crackers L: Potato, Cheese and Egg Burrito, Fruit, Milk PM Snack: Cheez-its/Juice	17 AM Snack: Yogurt and Crackers L: Chicken Taquitos, Lettuce, Cheese, Sour Cream, Beans, Fresh Fruit, Milk PM Snack: Cheese Sticks with Crackers	18 Cook's Choice 
21 AM Snack: Cheese Toast/Milk L: Macaroni & Cheese, Green Salad, Milk PM Snack: Goldfish with Raisins	22 AM Snack: Orange Slices and Crackers L: Chicken Nuggets, Mashed Potatoes, Peas and Carrots, Milk PM Snack: Celery with Cream Cheese	23 AM Snack: English Muffins/Juice L: Homemade Lunchables with Cheese, Turkey, Fresh Fruit, Crackers, Milk PM Snack: Bananas with WowButter	24 AM Snack: Animal Crackers & Fresh Fruit L: Mini Meatball Subs with Cheese, Green Beans, Milk PM Snack: Club House Crackers and Cheese	25 AM Snack: French Toast Sticks/Milk L: Turkey Hot Dog on a Bun, Fresh Fruit, Milk PM Snack: Vanilla Wafers with Apple Slices
28 AM Snack: Cinnamon Oatmeal with Milk L: Turkey Sloppy Joe on a Bun, Mixed Vegetables, Milk PM Snack: Cheese Sticks with Crackers	29 AM Snack: Granola Bars/Milk L: English Muffin Cheese Pizza, Salad, Milk PM Snack: Trail Mix/Juice	30 AM Snack: Apple Sauce/Graham Crackers L: Chicken Noodle Soup,Cheese with Crackers, Fresh Fruit, Milk PM Snack: Fresh Vegetables with Dip	31 AM Snack: Bananas/Cheerios L: Spaghetti with Marinara Sauce, Green Beans, Milk PM Snack: Diced Peaches with Crackers	