

## November 2014 Give Thanks!

Chula Vista Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
AM Snack: Cinnamon Oatmeal with Milk	AM Snack: Apples with Cheese Slices	AM Snack: Cheerios with Raisins	AM Snack: Applesauce and Graham Crackers	AM Snack: Yogurt with Crackers
L: Chicken Taquitos,Lettuce, Cheese, Sour Cream, Beans, Rice, Milk PM Snack: Vanilla W af ers/Melon Slices	L: Turkey Ham and Cheese Sandwich, Carrot Sticks, Milk PM Snack: Fresh Vegetables with Ranch	L: Waffles with Berries, Turkey Bacon, Milk PM Snack: Cheez-its with Oranges	L: Chicken Noodles Soup, Cheese and Crackers, Fresh Fruit, Milk PM Snack: Goldfish with Juice	L: Turkey Corn Dogs, Green Beans, Milk PM Snack: Diced Peaches with Crackers
10	11	12	13	14
AM Snack: Bread Pudding with Raisins	AM Snack: Bananas with WowButter	AM Snack: Cereal/Milk L: Nachos, Beans,	AM Snack: Animal Crackers with Milk	AM Snack: Croissants with Cheese Slices
L: Tuna Casserole with Mixed Vegetables, Fresh Fruit, Milk	L: Bean and Cheese Burrito, Red Rice, Cucumbers, Milk	Cheese, Lettuce, Sour Cream, Fresh Fruit, Milk	L: Vegetable Soup, Toast with cheese, Milk PM Snack: Homemade	L: Macaroni and Cheese, Green Beans, Milk
PM Snack: Fruit Salad with Club House Crackers	PM Snack: Vanilla W afers/Melon Slices	PM Snack: String Cheese with Ritz Crackers	Trail Mix with Juice	PM Snack: Cheez-its/Apples
17	18	19	20	21
AM Snack: Sweet Rice with Milk	AM Snack: Yogurt with Graham Crackers	AM Snack: Applesauce with Crackers	AM Snack: Teacher's Choice	Cook's Choice
L: Sloppy Joes on a Bun, Green Salad, Milk	L: Grilled Cheese Sandwich, Apples, Milk	L: English Muffin Cheese Pizza, Fresh Fruit, Milk	L: Thanksgiving Feast-Roasted Turkey, Mashed Potatoes with	
PM Snack: Tree Top Fruit Snacks/W heat Thins	PM Snack: Diced Peaches with Animal Crackers	PM Snack: Goldfish with Juice	Gravy,Green Salad, Rolls, Milk PM Snack: Teacher's Choice	
24	25	26	27	28
AM Snack: French Toast Sticks/Milk	AM Snack: Cheese Toast/Ap ple Juice	AM Snack: Animal Crackers with Milk		AM Snack: Fresh Fruit/Crackers
L: Quesadillas, Refried Beans, Squash with corn, Milk	L: Waffles, Turkey Bacon, Fresh Fruit, Milk	L: Chicken Noodles Soup, Cheese and Crackers, Fresh Fruit,		L: Turkey Ham and Cheese Sandwich, Carrot Sticks, Milk
PM Snack: Homemade Trail Mix with Juice	PM Snack: Cheez-its with Oranges	Milk PM Snack: Fresh Vegetables with Ranch	School Closed	SCHOOL CLOSES AT NOON
	<u>.</u>	Oct 2014	Dec 2014	
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