

# December 2014

## Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>AM: Lowfat yogurt &amp; organic animal crackers</div> <div>L: Waffles, scrambled eggs, fresh fruit &amp; milk</div> <div>PM: Cheez-Its and apples</div>	<div>2</div> <div>AM: Toasted bagel &amp; milk</div> <div>L: Rotini w/marinara sauce &amp; Italian meatballs, green beans &amp; milk</div> <div>PM: Fresh fruit &amp; graham crackers</div>	<div>3</div> <div>AM: Quaker cereal bars &amp; sliced apple</div> <div>L: Chicken corn dog, green beans, orange slices &amp; milk</div> <div>PM: Cheese sticks &amp; Ritz crackers</div>	<div>4</div> <div>AM: Bananas &amp; graham crackers</div> <div>L: Chicken noodle soup, cheese &amp; crackers, oranges &amp; milk</div> <div>PM: Raisins &amp; pretzels</div>	<div>5</div> <div>AM: Cereal &amp; milk</div> <div>L: Grilled cheese on whole wheat, carrot sticks, fresh fruit &amp; milk</div> <div>PM: Applesauce &amp; Club Crackers</div>
<div>8</div> <div>AM: French toast sticks &amp; banana</div> <div>L: Cheese quesadilla, green salad, fresh fruit &amp; milk</div> <div>PM: Snack mix &amp; juice</div>	<div>9</div> <div>AM: Cereal &amp; milk</div> <div>L: English muffin cheese pizza, apple slices &amp; milk</div> <div>PM: Raisins &amp; pretzels</div>	<div>10</div> <div>AM: Graham crackers &amp; applesauce</div> <div>L: Chicken noodle soup, cheese &amp; crackers, oranges &amp; milk</div> <div>PM: Cheese sticks &amp; Club crackers</div>	<div>11</div> <div>AM: Whole wheat toast &amp; milk</div> <div>L: Macaroni &amp; cheese, green peas &amp; milk</div> <div>PM: Organic animal crackers &amp; fresh fruit</div>	<div>12</div> <div>AM: Lowfat yogurt &amp; graham crackers</div> <div>L: Chicken patty sandwich, apple slices &amp; milk</div> <div>PM: Sliced cheese &amp; crackers</div>
<div>15</div> <div>AM: Graham crackers &amp; fresh fruit</div> <div>L: Cheesy scrambled eggs, tater tots, bananas &amp; milk</div> <div>PM: Orange slices &amp; graham crackers</div>	<div>16</div> <div>AM: Toasted English muffin &amp; milk</div> <div>L: Pasta w/ butter and Parmesan, green beans &amp; milk</div> <div>PM: Snack mix &amp; apples</div>	<div>17</div> <div>AM: Lowfat yogurt &amp; fresh fruit</div> <div>L: Turkey hot dogs, french fries, oranges &amp; milk</div> <div>PM: Cheese sticks &amp; crackers</div>	<div>18</div> <div>AM: Cereal &amp; milk</div> <div>L: Vegetarian bean &amp; cheese burrito, sliced apple &amp; milk</div> <div>PM: Orange slices &amp; graham crackers</div>	<div>19</div> <div>AM: Lowfat yogurt &amp; organic animal crackers</div> <div>L: Grilled cheese on whole wheat, carrot sticks, fresh fruit &amp; milk</div> <div>PM: Pretzels &amp; apples</div>
<div>22</div> <div>AM: Orange slices &amp; graham crackers</div> <div>L: Fish sticks, rice, peas &amp; carrots, milk</div> <div>PM: Snack mix &amp; juice</div>	<div>23</div> <div>AM: Cereal &amp; milk</div> <div>L: Wow Butter &amp; jelly sandwich on whole wheat, Cheez-its, fresh fruit &amp; milk</div> <div>PM: String cheese &amp; pretzels</div>	<div>24</div> <div>COOK'S CHOICE</div> <div>PM: CLOSED at 12:00 NOON</div>	<div>25</div> <div>CLOSED for Christmas Holiday</div>	<div>26</div> <div>AM: Quaker cereal bars &amp; milk</div> <div>L: Turkey &amp; cheese slices w/ crackers, apples &amp; milk</div> <div>PM: Organic animal crackers &amp; fresh fruit</div>
<div>29</div> <div>AM: Graham crackers &amp; applesauce</div> <div>L: Macaroni &amp; cheese, green peas &amp; milk</div> <div>PM: Goldfish crackers &amp; raisins</div>	<div>30</div> <div>AM: Whole wheat toast &amp; milk</div> <div>L: Teriyaki chicken, noodles, steamed broccoli &amp; milk</div> <div>PM: Fresh fruit &amp; Ritz crackers</div>	<div>31</div> <div>COOK'S CHOICE</div> <div>PM: CLOSED at 12:00 NOON</div>		

November 14

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NOTE: All milk is lowfat 1%