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September 2015

Themes:	Back to School, All About Me, Five Senses, Grandparents
Letters:	Ll, Tt, Ee
Numbers:	1(one), 2 (two)
Shapes:	Square, Circle
Colors:	Red (rojo), Blue (azul)
Science:	Five Senses
Social Studies:	Where Am I? (Map Skills)



Welcome to Wee Care Preschool!

We are looking forward to an exciting year with you and your child. We want your child to be excited to come to school and be able to participate, learn, and socialize. We will have fun activities throughout the year that will make coming to school fun. If you have any questions or concerns, please come to the office. Thank you!

ENRICHMENT PROGRAMS

WE OFFER VARIOUS ENRICHMENT PROGRAMS THROUGHOUT THE WEEK. THEY RANGE FROM \$44-\$50 a MONTH. IF YOU ARE INTERESTED IN ANY OF THE PROGRAMS, YOU MAY FIND MORE INFORMATION ON THE BULLETIN BOARD IN FRONT OF THE OFFICE.



Monday: Little Stars (Tap and Ballet)
Monday: Soccer Shots
Tuesday: Funastics
Thursday: Lego Engineering
Friday: Amazing Athletes

My Grandparents Have Ears That Truly Listen, Arms That Always Hold, A Love That's Never Ending And A Heart Made Of Gold!

Happy Grandparent's Day!





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Just a reminder....

- **Keep Emergency numbers and email addresses updated**
- **Every child needs to have a sheet, blanket and a COMPLETE change of clothes**
- **Please have your child here by 7:20, if you would like for them to have breakfast, you are more than welcome to stay with your child in the lunch area to finish their breakfast after 7:30**
- **Write your child's name on ALL articles of clothing, backpacks and water bottles**
- **Try to have your child here by 9 AM for snack and academics**
- **Check your child's art folder and your parent pockets on a daily basis**



Thank you for your help and understanding!

Happy Anniversary to Ms. Lennie; who not only is a great teacher but also our Facebook Editor. If you see something cute posted from Chula Vista.... chances are Ms. Lennie did it☺ Wee Care is very grateful for all her hard work and dedication! Ms. Lennie is celebrating 4 years with us☺

Dates to remember:

9/04	End of the Summer Luau
9/07	SCHOOL CLOSED in observance of Labor Day
9/08	Beginning of the school year☺
9/13	Grandparent's Day
9/17	Scholastic Book orders Due
9/1-10/17	Making Strides Campaign Drive





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Let's Play School

WE ALL love a carefree summer. But the transition to a structured school day in the fall won't be quite a big shock to your child if you begin a routine and integrate learning in her day now. Whether your 3 or 4 year old is going to preschool for the first time or returning for another year, try these simple ways to make the shift to the classroom a smooth one.

Help him speak up-*It's one thing for your child to tell you he wants a snack or needs to go to the bathroom. It's another for him to communicate with a teacher while other kids are running around. Try role playing situations that will come up during the day with your child. You want your child to feel comfortable saying, I have to go to the potty or I need help. It's also important for your little one to learn to express his feelings. If he can say, I'm frustrated because...or I'm angry because...that's better than hitting a classmate.*

Set the stage-*Even if your child attended preschool last year, summer break can seem like an eternity at this age. So in the weeks before school begins, start talking about what her new routine will be like. You don't need to be over the top excited but you do want your child to feel good about school.*

Go Letter crazy-*Just because you child can sing his ABC's doesn't mean he knows his letters-it means he memorized a song. To help him become more familiar with the letters he'll start seeing every day in the classroom try this exercise: Write each letter on an index card, mix them up on the floor, then see if your child can arrange them from A to Z. You can help him out by putting every fourth letter and encourage him to fill in the blanks. With repetition he'll soon become familiar with the order. **Work with those Little Fingers-**Preschool calls for more use of kids' fine motor skills. Have your child rip paper into long strips, get kid-safe scissors and practice cutting, and pull out age-appropriate puzzles.*

Create Transitions-*A Preschoolers day is all about moving from one activity to the next. Sorting and putting away things at the end of playtime helps give a clear ending to the activity and a sign that something new is about to start. Work with your child to correctly clean up and put away each toy in the correct spot.*

Stress self-help skills-*Sure, your kid is running around half-naked these days, but don't forget to work on the dressing skills that will be critical in the classroom. Not only do kids feel pride when they master these tasks, but it encourages their independence and helps them learn organization.*

-Heather Gowen Walsh

