

# November 2015

## Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<p><b>2</b></p> <p>AM: Orange slices &amp; graham crackers</p> <p>L: Turkey hot dogs, french fries, oranges &amp; milk</p> <p>PM: String cheese &amp; pretzels</p>	<p><b>3</b></p> <p>AM: Toasted English muffin &amp; milk</p> <p>L: Vegetarian bean &amp; cheese burrito, sliced apple &amp; milk</p> <p>PM: Organic animal crackers &amp; fresh fruit</p>	<p><b>4</b></p> <p>AM: Lowfat yogurt &amp; fresh fruit</p> <p>L: Turkey Sliders on a Hawaiian roll, steamed broccoli &amp; milk</p> <p>PM: Sliced cheese &amp; crackers</p>	<p><b>5</b></p> <p>AM: Organic animal crackers &amp; fresh fruit</p> <p>L: Rotini pasta with marinara sauce, fresh fruit, green salad &amp; milk</p> <p>PM: Snack mix &amp; sliced apples</p>	<p><b>6</b></p> <p>AM: Graham crackers &amp; milk</p> <p>L: Wow Butter &amp; jelly sandwich on whole wheat, Cheez-its, fresh fruit &amp; milk</p> <p>PM: Goldfish crackers &amp; raisins</p>																																																																																																		
<p><b>9</b></p> <p>AM: Cereal &amp; milk</p> <p>L: Chicken corn dog, green beans, orange slices &amp; milk</p> <p>PM: Cheez-Its and apples</p>	<p><b>10</b></p> <p>AM: Toasted bagel &amp; milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies &amp; milk</p> <p>PM: Orange slices &amp; graham crackers</p>	<p><b>11</b></p> <p>AM: Quaker cereal bars &amp; milk</p> <p>L: Chicken taquitos, rice, fresh fruit &amp; milk</p> <p>PM: Cheese sticks &amp; Ritz crackers</p>	<p><b>12</b></p> <p><b>COOK'S CHOICE</b></p>	<p><b>13</b></p> <p>AM: Lowfat yogurt &amp; organic animal crackers</p> <p>L: Grilled cheese on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p>PM: Fresh fruit &amp; Club Crackers</p>																																																																																																		
<p><b>16</b></p> <p>AM: Graham crackers &amp; banana</p> <p>L: Turkey Stroganoff with egg noodles, green beans &amp; milk</p> <p>PM: Snack mix &amp; milk</p>	<p><b>17</b></p> <p>AM: Cereal &amp; milk</p> <p>L: Turkey &amp; cheese on whole wheat, carrot sticks &amp; milk</p> <p>PM: Cheese sticks &amp; Club crackers</p>	<p><b>18</b></p> <p>AM: French toast sticks &amp; fresh fruit</p> <p>L: Teriyaki chicken, rice, steamed broccoli &amp; milk</p> <p>PM: Pretzels &amp; raisins</p>	<p><b>19</b></p> <p>AM: Whole wheat toast &amp; milk</p> <p>L: Macaroni &amp; cheese, green peas &amp; milk</p> <p>PM: Organic animal crackers &amp; fresh fruit</p>	<p><b>20</b></p> <p>AM: Lowfat yogurt &amp; graham crackers</p> <p>L: Cheese quesadilla, green salad, oranges &amp; milk</p> <p>PM: Fresh fruit &amp; pretzels</p>																																																																																																		
<p><b>23</b></p> <p>AM: Graham crackers &amp; fresh fruit</p> <p>L: Chicken noodle soup, cheese &amp; crackers, oranges &amp; milk</p> <p>PM: Goldfish crackers &amp; raisins</p>	<p><b>24</b></p> <p>AM: Toasted English muffin &amp; milk</p> <p>L: Baked potatoes with cheese, steamed broccoli &amp; milk</p> <p>PM: Snack mix &amp; sliced apples</p>	<p><b>25</b></p> <p>AM: Organic animal crackers &amp; fresh fruit</p> <p>L: Turkey hot dogs, french fries, oranges &amp; milk</p> <p>PM: Cheese sticks &amp; Ritz crackers</p>	<p><b>26</b></p> <p><b>CLOSED for Thanksgiving Holiday</b></p>	<p><b>27</b></p> <p><b>COOK'S CHOICE</b></p> <p>WEE CARE CLOSES at Noon today</p>																																																																																																		
<p><b>30</b></p> <p>AM: Cereal &amp; milk</p> <p>L: Fish sticks, rice pilaf, peas &amp; carrots, milk</p> <p>PM: Snack mix &amp; milk</p>	<table border="1"> <thead> <tr> <th colspan="7">October</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td></td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table>		October							M	T	W	T	F	S	S			1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		<table border="1"> <thead> <tr> <th colspan="7">December</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> </tr> <tr> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> </tr> <tr> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> </tr> <tr> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		December							M	T	W	T	F	S	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
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NOTE: All milk is lowfat 1%