

April 2016



Chula Vista Menu 💪

Monday	Tuesday	Wednesday	Thursday	Friday
M 1 1 7 8 14 15 21 22 28 29	Mar 2016 F S S 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30 31	May 2016 M T W T F 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30 31	S S 1 1 7 8 14 15 21 22 28 29	1 Cook's
4	5	6	7	8
AM Snack: Cinnamon Oatmeal with Toast	AM Snack: Bagels with Cream Cheese	AM Snack: Yogurt with Graham Crackers	AM Snack: Fig Newtons with Milk	AM Snack: Cereal with Milk
L: Waffles w/ Fresh Fruit, Turkey Sau sage, Milk	L: Chicken Noodle Soup, Cheese & Crackers, Oranges, Milk	L: Pasta with Marinara Sauce, Rolls, Green Salad, Milk	L: Sloppy Joe on a bun, Mixed Vegetables, Milk	L: Turkey Hot Dog on a Bun, French Fries, Fresh Fruit, Milk
PM Snack: Trail Mix with Oranges	PM Snack: Bananas with W owButter	PM Snack: Carrots and Cucumbers w/ ranch, Crackers	PM Snack: Fruit Cocktail with Cheese-Itz	PM Snack: Goldfish Crackers with Juice
11	12	13	14	15
AM Snack: Animal Crackers with Fruit	AM Snack: Arroz con Leche with Apples	AM Snack: Quaker Cereal Bars with Milk	AM Snack: Apple Sauce with Ritz Crackers	AM Snack: Pancakes w/Milk
L: Chicken Nuggets, Mashed Potatoes, Peas/Carrots, Milk	L: Grilled Cheese Sandwich, Green Beans, Milk	L: Bean and Cheese Burrito, Cucumbers, Milk	L: English Muffin Cheese Pizza, Salad, Milk PM Snack: Strawberries	L: Chicken Taquitos with Lettuce, Sour Cream, Cheese, Rice, Milk
PM Snack: Peach Slices with Crackers	PM Snack: Fruit Snacks with Crackers	PM Snack: Club House Crackers with Sliced Cheese	with Cream and Graham Crackers	PM Snack: Trail Mix with Juice
18	19	20	21	22
AM Snack: Toast with Melon Slices	Cook's	AM Snack: Crackers with Oranges	AM Snack: Bagels with Cream Cheese	AM Snack: Kiwi with Blueberries and Crackers
L: Scrambled Eggs with Cheese, Tator Tots, Fresh Fruit, Milk	+++++++++++++++++++++++++++++++++++++++	L: Quesadillas, Vegetarian Beans, Rice, Fresh Fruit, Milk	L: Turkey Ham and Cheese Sandwich with lettuce, Oranges, Milk	L: Turkey Soft Tacos with lettuce, cheese, & sour cream, Fruit, Milk
PM Snack: Cheese Sticks with Wheat Thins		PM Snack: Fruit Cocktail with Crackers	PM Snack: Carrot Sticks/Cucumber with ranch, Crackers	PM Snack: Lowfat Pudding with Nilla Wafers
25	26	27	28	29
AM Snack: Apple Sauce with Ritz Crackers	AM Snack: Yogurt with Graham Crackers	AM Snack: Quaker Cereal Bars with Milk	AM Snack: Fig Newtons with Milk	AM Snack: French Toast Sticks/Milk
L: Turkey Corn Dogs, Green Beans, Fresh Fruit, Milk	L: Chicken Noodle Soup, Cheese & Crackers, Oranges, Milk	L: Macaroni and Cheese, Green Beans, Rolls, Milk	L: Nachos with Lettuce, Sour Cream, Pinto Beans, Fresh Fruit, Milk	L: Fettucini with Broccoli, Fresh Fruit, Milk
PM Snack: Snack Mix with Oranges	PM Snack: Peach Slices with Crackers	PM Snack: Bananas with Graham Crackers	PM Snack: Fruit Snack with Ritz Crackers	PM Snack: Pretzels with Raisins