

April 2016

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																											
<div style="display: flex; justify-content: space-around; align-items: center;"> <table border="1" style="border-collapse: collapse; text-align: center; font-size: small;"> <caption>March</caption> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td></td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table> <table border="1" style="border-collapse: collapse; text-align: center; font-size: small;"> <caption>May</caption> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div>				M	T	W	T	F	S	S	1	2	3	4	5	6		7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				M	T	W	T	F	S	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<p><i>1</i></p> <p>AM: Lowfat yogurt & fresh fruit L: Cheese quesadilla, green salad, oranges & milk PM: Pretzels & fresh fruit</p>
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<p><i>4</i></p> <p>AM: Cereal & milk L: Fish sticks, rice pilaf, peas & carrots, milk PM: Snack mix & fresh fruit</p>	<p><i>5</i></p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">COOK'S CHOICE</p>	<p><i>6</i></p> <p>AM: Organic animal crackers & fresh fruit L: Roasted Chicken, mashed potatoes w/ gravy, mixed veggies & milk PM: String cheese & pretzels</p>	<p><i>7</i></p> <p>AM: Toasted bagel & sliced apple L: Rotini pasta with marinara sauce, fresh fruit, green beans & milk PM: Cheez-Its and raisins</p>	<p><i>8</i></p> <p>AM: Quaker cereal bars & milk L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk PM: Fresh fruit & Organic animal crackers</p>																																																																																											
<p><i>11</i></p> <p>AM: Graham crackers & fresh fruit L: Macaroni & cheese, green peas & milk PM: Goldfish crackers & raisins</p>	<p><i>12</i></p> <p>AM: French toast sticks & milk L: English muffin cheese pizza, fresh fruit & milk PM: Graham crackers & applesauce</p>	<p><i>13</i></p> <p>AM: Quaker cereal bars & sliced apple L: Wow Butter & jelly sandwich on whole wheat, Cheez-its, fresh fruit & milk PM: Organic animal crackers & milk</p>	<p><i>14</i></p> <p>AM: Cereal & milk L: Turkey Sloppy Joe on a bun, mixed veggies & milk PM: Cheese sticks & Club crackers</p>	<p><i>15</i></p> <p>AM: Lowfat yogurt & organic animal crackers L: Turkey & cheese slices w/ crackers, apples & milk PM: Snack mix & fresh fruit</p>																																																																																											
<p><i>18</i></p> <p>AM: Orange slices & graham crackers L: Turkey hot dogs, french fries, oranges & milk PM: String cheese & pretzels</p>	<p><i>19</i></p> <p>AM: Toasted English muffin & milk L: Cheese quesadilla, green salad, oranges & milk PM: Fresh fruit & Organic animal crackers</p>	<p><i>20</i></p> <p>AM: Lowfat yogurt & fresh fruit L: Turkey Sliders on a Hawaiian roll, steamed broccoli & milk PM: Sliced cheese & crackers</p>	<p><i>21</i></p> <p>AM: Organic animal crackers & fresh fruit L: Rotini pasta with marinara sauce, fresh fruit, green beans & milk PM: Snack mix & fresh fruit</p>	<p><i>22</i></p> <p>AM: Graham crackers & milk L: Wow Butter & jelly sandwich on whole wheat, Cheez-its, fresh fruit & milk PM: Goldfish crackers & raisins</p>																																																																																											
<p><i>25</i></p> <p>AM: Cereal & milk L: Chicken corn dog, green beans, orange slices & milk PM: Apples & Cheez-its</p>	<p><i>26</i></p> <p>AM: Toasted bagel & milk L: Pasta w/ butter and Parmesan, mixed veggies & milk PM: Orange slices & graham crackers</p>	<p><i>27</i></p> <p>AM: Quaker cereal bars & sliced apple L: Chicken taquitos, rice, fresh fruit & milk PM: Cheese sticks & Ritz crackers</p>	<p><i>28</i></p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">COOK'S CHOICE</p>	<p><i>29</i></p> <p>AM: Lowfat yogurt & organic animal crackers L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk PM: Graham crackers & applesauce</p>																																																																																											

NOTE: All milk is lowfat 1%, BREAKFAST is over at 7:30 am and is always cold cereal with milk.