

May 2016

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Bananas & graham crackers L: Pasta Alfredo, steamed broccoli, fruit & milk PM: Snack mix & fresh fruit	3 AM: Cereal & milk L: Turkey & cheese on whole wheat, carrot sticks, Cheez-Its & milk PM: Cheese sticks & Club crackers	4 AM: French toast sticks & milk L: Chicken strips w/BBQ dipping sauce, rice, steamed broccoli & milk PM: Sliced cheese & crackers	5 AM: Whole wheat toast & milk L: Macaroni & cheese, green peas & milk PM: Organic animal crackers & fresh fruit	6 AM: Muffins & milk L: Cheese quesadilla, green salad, oranges & milk PM: Pretzels & raisins
9 AM: Graham crackers & fresh fruit L: Chicken taquitos, rice, fresh fruit & milk PM: Goldfish crackers & raisins	10 AM: Toasted English muffin & milk L: Chicken noodle soup, cheese & crackers, fruit & milk PM: Snack mix & sliced apples	11 AM: Organic animal crackers & fresh fruit L: Turkey hot dogs, carrot sticks, oranges & milk PM: Cheese sticks & Ritz crackers	12 AM: Cereal & milk L: Vegetarian bean & cheese burrito, sliced apple & milk PM: Fresh fruit & graham crackers	13 AM: Lowfat yogurt & fresh fruit L: Turkey & cheese on whole wheat, carrot sticks, Cheez-Its & milk PM: Pretzels & fresh fruit
16 AM: Cereal & milk L: Fish sticks, rice pilaf, peas & carrots, milk PM: Snack mix & fresh fruit	17 COOK'S CHOICE	18 AM: Fresh fruit & graham crackers L: Roasted Chicken, mashed potatoes w/ gravy, mixed veggies & milk PM: String cheese & pretzels	19 AM: Toasted bagel & sliced apple L: Rotini pasta w/ marinara sauce, mixed veggies & milk PM: Cheez-Its and raisins	20 AM: Quaker cereal bars & sliced apple L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk PM: Organic animal crackers & milk
23 AM: Fresh fruit & graham crackers L: Macaroni & cheese, green peas & milk PM: Goldfish crackers & raisins	24 AM: French toast sticks & milk L: English muffin cheese pizza, fresh fruit & milk PM: Lowfat yogurt & organic animal crackers	25 AM: Quaker cereal bars & sliced apple L: Wow Butter & jelly sandwich on whole wheat, Cheez-its, fresh fruit & milk PM: Organic animal crackers & milk	26 AM: Cereal & milk L: Turkey Sloppy Joe on a bun, mixed veggies & milk PM: Cheese sticks & Club crackers	27 AM: Lowfat yogurt & fresh fruit L: Turkey hot dogs, carrot sticks, oranges & milk PM: Snack mix & fresh fruit
30 SCHOOL CLOSED for Memorial Day	31 AM: Toasted English muffin & milk L: Cheese quesadilla, green salad, oranges & milk PM: Pretzels & raisins	<div> <div> April M T W T F S S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div> <div> June M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div> </div>		

NOTE: All milk is lowfat 1%, BREAKFAST is over at 7:30 am and is always cold cereal with milk.