



October 2016

# Chula Vista Menu



Monday	Tuesday	Wednesday	Thursday	Friday																																																																																				
<div>3</div> <div>AM Snack: Arroz con Leche, Toast</div> <div>L: Scrambled Eggs with Turkey Ham, Tator Tots, Apples, Milk</div> <div>PM Snack: Fruit with Hawaiian Bread</div>	<div>4</div> <div>AM Snack: Cereal with Melon Slices</div> <div>L: Quesadillas, Refried Beans, Oranges, Milk</div> <div>PM Snack: Apple Sauce with Crackers</div>	<div>5</div> <div>AM Snack: Animal Crackers &amp; Fresh Fruit</div> <div>L: Grilled Cheese Sandwich, Carrot Sticks and Broccoli, Milk</div> <div>PM Snack: Cheese with Club House Crackers</div>	<div>6</div> <div>AM Snack: Bagels with Cream Cheese</div> <div>L: Turkey Corn Dogs, Green Beans, Watermelon Slices, Milk</div> <div>PM Snack: Pears with Goldfish</div>	<div>7</div> <div>AM Snack: Waffles with Fresh Fruit</div> <div>L: Teriyaki Chicken, Steamed Rice, Pineapple Chunks, Milk</div> <div>PM Snack: Oatmeal Energy Balls with Raisins and Milk</div>																																																																																				
<div>10</div> <div>AM Snack: Yogurt with Graham Crackers</div> <div>L: Octopus Hot Dogs, Mashed Potatoes, Orange Slices, Milk</div> <div>PM Snack: Wheat Thins with Fresh Fruit</div>	<div>11</div> <div>AM Snack: Cereal Bars with Milk</div> <div>L: Egg McMuffin with Cheese, Turkey Sausage, Oranges, Milk</div> <div>PM Snack: Trail Mix with Oranges</div>	<div>12</div> <div>AM Snack; Cornbread with Bananas</div> <div>L: Chicken Pozole w/hominy, Lettuce, Fresh Fruit, Milk</div> <div>PM Snack: String Cheese with Goldfish</div>	<div>13</div> <div>AM Snack: BelVita Crackers with Milk</div> <div>L: Cheese Tortellini with Mariana Sauce, Mixed Vegetables, Milk</div> <div>PM Snack: Carrot Sticks with Ranch, Crackers</div>	<div>14</div> <div>Cook's Choice</div> <div></div>																																																																																				
<div>17</div> <div>AM Snack: Toast with Bananas</div> <div>L: Bean and Cheese Burrito, Rice, Cucumbers, Milk</div> <div>PM Snack: Turkey Pepperoni with Cheese on Saltine Crackers</div>	<div>18</div> <div>AM Snack: Yogurt with Graham Crackers</div> <div>L: Macaroni and Cheese, Mixed Vegetables, Rolls, Milk</div> <div>PM Snack: Apple Sauce with Crackers</div>	<div>19</div> <div>AM Snack: Oatmeal with Fresh Fruit</div> <div>L: Chicken Noodle Soup, Saltine Crackers, Fresh Fruit, Milk</div> <div>PM Snack: Strawberries and Cream with Graham Crackers</div>	<div>20</div> <div>AM Snack: Waffles with Fresh Fruit</div> <div>L: Nachos, Beans, Lettuce, Sour Cream, Fresh Fruit, Milk</div> <div>PM Snack: Rice Cakes with Fresh Fruit</div>	<div>21</div> <div>AM Snack: Pumpkin Bread with Milk</div> <div>L: Chicken Nuggets, Mashed Potatoes, Mixed Vegetables, Milk</div> <div>PM Snack: Ritz Crackers w/ WowButter and raisins</div>																																																																																				
<div>24</div> <div>AM Snack: French Toast Sticks/Milk</div> <div>L: Turkey Ham/Cheese Sandwich with Lettuce, Hard Boiled Eggs, Milk</div> <div>PM Snack: Animal Crackers &amp; Fruit Cocktail</div>	<div>25</div> <div>AM Snack: Cornbread with Apples</div> <div>L: Egg, Potato and Cheese Burrito, Oranges, Milk</div> <div>PM Snack: Crackers with Sliced Cheese</div>	<div>26</div> <div>AM Snack: Bagels with Cream Cheese</div> <div>L: Fettucini Alfredo with Broccoli, Fresh Fruit, Milk</div> <div>PM Snack: Trail Mix with Fresh Fruit</div>	<div>27</div> <div>AM Snack: Arroz con Leche, Toast</div> <div>L: English Muffin Cheese Pizza, Green Salad, Milk</div> <div>PM Snack: String Cheese with Club House Crackers</div>	<div>28</div> <div>AM Snack: Yogurt with Graham Crackers</div> <div>L: Quesadillas, Black Beans, Fresh Fruit, Milk</div> <div>PM Snack: Carrot Sticks with Cream Cheese</div>																																																																																				
<div>31</div> <div>Cook's Choice</div> <div></div>	<div><div>Sep 2016</div><table><tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr><tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr><tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr><tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr><tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr></table></div> <div><div>Nov 2016</div><table><tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr></table></div>				M	T	W	T	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			M	T	W	T	F	S	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
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