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www.weecarepreschools.com
Diane Martine, Director

December 2016

Social Development: Family, Where I Live, Winter, Winter Holidays
Writing Skills: Letters: Gg, Mm, Hh, Numbers: 6, 7, 8, 9 & review
Colors: Silver & Gold & White
Shapes: Star & Review

Holiday Schedule

Monday December 26th – **CLOSED** for Christmas
Monday January 2nd - **CLOSED** for New Year's



Don't forget to sign up for Breakfast with Santa! On Saturday December 10th Santa will arrive at Wee Care Preschool at 9:30 am so that you can photograph your child with him! There will also be Christmas crafts for the children to make and breakfast will be served up until 11:00am.

This event is \$5.00 per adult and \$3.00 per child. We can charge this fee directly to your tuition account. Call or email our school office today sign up!

Office Phone 858-560-0985
Or email Diane at
diane@weecarepreschools.com

Holiday Parties!

On Thursday December 15th each class will have a special holiday party. You can check with your child's teacher to find out what special activities her class will be doing this day.

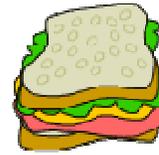
Midday naps help preschoolers learn, study says

NEW YORK (AP) - Any parent knows that a daytime nap can help keep preschoolers from getting cranky. Now a small study suggests that it helps them learn, too.

The lesson for grown-ups: Don't cut out the naps if you try to cram more learning activities into a preschooler's day, say researchers from the University of Massachusetts Amherst. They studied 40 children, ages 3 to 5. In the mornings of test days, the children were shown a grid with pictures of nine or 12 items like a cat or an umbrella. That afternoon and the next

morning, the children were tested on how well they remembered the location of each image.

All the children were tested under two conditions, one in which they were encouraged to nap before the afternoon test, and another in which they were kept awake. Without a nap, they were about 65 percent accurate. With a nap, their accuracy reached about 75 percent. The research shows that "naps are important for preschool children," Rebecca Spencer, senior author of the study, said in a statement.



FOOD FROM HOME...

Please keep in mind a few things if you choose to send food from home to school with your child:

Breakfast is served until 7:30am. We ask that children not bring breakfast in with them after this time since we will be either playing on the playground or having activities in our classrooms **where we do not allow food**. Morning snack begins shortly after 8:30am so no child will go hungry if they miss breakfast with us.

We do not include "desserts" or junk food items on our menus so we ask that you not send these types of items with your child. Chips, cookies, donuts, candy, etc., are all foods that need to be saved for home. You will be asked to take these with you if your child has them at drop off time.

Food may not be kept in cubbies, as we do not wish to have problems with bugs in our classrooms. All food from home must be clearly labeled with your child's name and **dropped off in our kitchen**. Food that is not clearly labeled may be thrown out.

Thank you in advance for your cooperation!



December Birthdays

Zachary G, Enzo C, Noelle J, Jackson N, Hunter C, Jackson C, Skyler L, AJ W, Naomi F, Jazmyne J, Sebastian B, Izeiah, V, Eli G, Charlie Y, Noah D, Maxwell B, Samantha T, Dylan D



NOTICE REGARDING SCHEDULE CHANGES OR WITHDRAWAL

*Please be aware that all schedule changes including changes to days of attendance, requests for vacation credit (available after 12 months of enrollment), and withdrawal must be done **IN WRITING** at least **TWO WEEKS** in advance. We have a form in our office available for your convenience, or you can email our director at diane@weecarepreschools.com.*