




3580 Mt. Acadia Blvd  
San Diego, CA 92111  
(858) 560-0985 fax (858) 560-1014

73 North Second Avenue  
Chula Vista, CA 91910  
(619) 425-9933 fax 619-425-3556

17025 Via Del Campo  
San Diego, CA 92127  
(858) 592-2335

## February 2017

Themes:	Friendship, Presidents, Community Helpers, Dental Hygiene
Letters:	Mm, Vv, Kk
Numbers:	10, 11, 12
Colors:	Red, Pink, Purple
Shapes:	Heart, Octagon
Science:	Shadows
Social Studies:	Community Helpers





**WE NEED  
YOUR HELP**

We have a lot of missing jackets. Please make sure to label **ALL** jackets and blankets. A lot of the children have the **SAME** character blankets or jackets and they are easily misplaced.  
**Thank you for your attention in this matter!**

**We will be having a Valentine's Day Party in the classrooms on Tuesday, 2/14/17. Please see your child's classroom for more information. Don't forget to wear **RED!****

### Pre K and TK parents:

A newsletter was sent to you regarding important Graduation information. If you need a copy, please stop by the office.

Graduation will be held Friday, 6/9/17 at 10 AM and children will be wearing cap and gown. The cost for the Grad Pack is \$25. More information to follow.

### Dates to Remember:

- 2/2 Groundhog's Day
- 2/5 Super Bowl LI
- 2/14 Valentine's Day
- 2/24 Progress Reports Pre-K/TK
- 2/20 President's Day
- 2/28 Mardi Gras



*Happy Anniversary... to Ms. Jessica who has been with Wee Care for 11 years. Thank you for your love and dedication. Wee appreciate you!*





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## LET'S PLAY TODAY – 10 WINTER ACTIVITIES FOR KIDS AND PARENTS

How to stay active in the winter months for KIDS and parents too!

**Polar Bears and Penguins:** Play some fun music and move around the room like animals that live in the cold.

**Pretend Play:** Ask your children what activities they can do outside when it snows. Create a list with pictures next to it and ACT out each activity. Example: ice skating, skiing, sledding, tossing snowballs.

**Paper Plates:** Place paper plates on the ground and pretend they are icebergs in the sea. Ask children to swim, move, or dance around the icebergs without touching them.

**Pretend to put on a pair of ice skates.** Ask your children to show how they might move on skates and have them each follow each other's moves.

**Ice Cube Melt:** Start by asking "What items are cold?" Examples might be a refrigerator, ice cubes, or snow flakes. Next, ask them to be like a frozen ice cube, and then have them start to melt one body part at a time, and move it around, until their whole body is melted. Next, have them freeze back up again and try to melt again in a different sequence. Ask your children to suggest a body part.

**Snowball toss:** Recycle some paper you have lying around or use newspaper and ball it up. Have your kids toss the snowballs up in the air and then try to catch them. Practice tossing while standing up, standing on one foot, lying down, or throwing to each other.

**Make a pretend snowman in your house.** Imagine that it's snowing and put on pretend hat and gloves, jump through the snow, scoop it up with your arms, and pack it together in a giant ball.

**Bundle up and get outside:** Kids will watch your reactions and attitude to the weather and mimic you. Grab a hat and some gloves and go outside – it's always a great day to play!

**It's freezing outside, so play FREEZE dance inside!** Put some fun music on and invite your children to dance, jump, wiggle, and move but when the music turns off, FREEZE.

**Cotton Balls:** Place a bunch of snow balls (cotton balls on the floor). Give each child a straw and demonstrate blowing air through the straw to blow the snowball across the floor. After a few minutes collect the straws, put some music on and have a snow ball fight with the cotton balls.

*By Yvonne Kusters*

[WWW.LETSPLAYTODAY.ORG](http://WWW.LETSPLAYTODAY.ORG)

