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February 2017

Theme: Feelings, Friends, Valentine's Day
Letters: V, P
Numbers: 13, 14, 15
Shapes: Rectangle, Heart, Pentagon
Colors: Pink, Red, Purple
Social Studies: President's Day

Super Bowl Party!

To celebrate Super Bowl LI, we will be having our own Super Bowl Party on Friday, February 3! We will be having nachos and juice with snack and will practice our football throwing during recess. Wear your favorite jersey (football or not) to support your favorite team or sport!

Labeling Items

Please make sure you label all of your child's belongings before bringing them to school. It makes it a lot easier to identify and return missing items if they have a name included.

Nap Items

Please make sure to send a crib sized sheet in for your child each week. The sheet must fit over the corners of the nap cot. Please make sure also to take your child's sheet and blanket home each week to wash. Thank you for your help with this!



February Birthdays!

*Jaxson *Revant *Curren *Scarlett *Vrikshitha *Rayan *Evelyn *Peyton
Happy birthday to all of our February friends!

Facebook

Make sure to like our page Wee Care Preschool on Facebook for lots of updates and pictures!

Valentine's Day

Valentine's Day is quickly approaching and we would love to celebrate with all of our friends at school! On February 14, please feel to send in Valentine cards for the children in your child's class. Please address them to "My Friend" to make passing out cards easier. Be on the lookout for a sign-up sheet for a classroom party!

Children may not love nap time, but here is an article that shows the importance of it in young children:

Midday naps help preschoolers learn, study says

NEW YORK (AP) - Any parent knows that a daytime nap can help keep preschoolers from getting cranky. Now a small study suggests that it helps them learn, too.

The lesson for grown-ups: Don't cut out the naps if you try to cram more learning activities into a preschooler's day, say researchers from the University of Massachusetts Amherst.

They studied 40 children, ages 3 to 5. In the mornings of test days, the children were shown a grid with pictures of nine or 12 items like a cat or an umbrella. That afternoon and the next morning, the children were tested on how well they remembered the location of each image.

All the children were tested under two conditions, one in which they were encouraged to nap before the afternoon test, and another in which they were kept awake. Without a nap, they were about 65 percent accurate. With a nap, their accuracy reached about 75 percent.

The research shows that "naps are important for preschool children," Rebecca Spencer, senior author of the study, said in a statement.

The study was published Monday by the Proceedings of the National Academy of Sciences.