



March 2017 Monthly Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Fresh fruit with organic animal crackers L: Chicken Nuggets, mashed potatoes, mixed veggies, milk PM: String cheese and pretzels	2 AM: Toasted bagels and sliced apples L: Pasta with marinara sauce, mixed veggies and milk PM: Cheez-It crackers and raisins	3 AM: Nutrigrain bars and milk L: Grilled cheese on whole wheat, carrots, fruit and milk PM: Fresh fruit and organic crackers
6 AM: Fresh fruit and graham crackers L: Macaroni and cheese, green peas and milk PM : Goldfish crackers and raisins	7 AM: French toast sticks and milk L: Cheese pizza, orange slices and milk PM: Apples slices and graham crackers	8 Cook's Choice	9 AM: Quaker cereal bars and apple slices L: Wow butter and jelly sandwiches on whole wheat, cucumbers, fruit, milk PM: Organic animal crackers and milk	10 AM: Cereal and milk L: Sloppy Joes on a bunch, mixed veggies, milk PM: String cheese and crackers
13 AM: Lowfat Yogurt and Life cereal L: Turkey and slice slices with crackers, apple slices and milk PM: Chex Mix and fresh fruit	14 AM: Orange Slices and Graham crackers L: Turkey hot dog, French fries, fruit and milk PM: String cheese and pretzels	15 AM: Toasted English muffins and milk L: Pasta with marinara sauce, green beans, fruit and milk PM: Orange slices and organic animal crackers	16 AM: Pancakes and fresh fruit L: Cheese quesadillas, peas and carrots, oranges and milk PM: Goldfish crackers and raisins	17 AM: Graham crackers and milk L: Wow bugger and jelly sandwich on whole wheat, carrot sticks, fruit and milk PM: Blueberry muffins and milk
20 AM: Cereal and milk L: Fettuccini Alfredo, fruit and milk PM: Carrot sticks and crackers	21 AM: Toasted bagel and apples L: Bean and cheese burrito, rice, cucumbers, milk PM: Goldfish and fresh fruit	22 Cook's Choice	23 AM: Fresh fruit with organic animal crackers L: Macaroni and cheese, green beans and milk PM: Apple slices and crackers	24 AM: Oatmeal and bananas L: Grilled cheese on whole wheat, carrot sticks, fruit and milk PM: Ritz crackers and sliced cheese
27 AM: Graham crackers and bananas L: Chicken taquitos, rice, orange slices and milk PM: Fresh fruit and crackers	28 AM: Whole wheat toast and milk L: Turkey and cheese on whole wheat, carrot sticks and milk PM: Cheez-Its and raisins			

Breakfast: Cereal with milk and fruit

Water is served with each meal