

June 2017

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																											
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center;">May 2017</p> <table border="1" style="width: 100%; text-align: center;"> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center;">Jul 2017</p> <table border="1" style="width: 100%; text-align: center;"> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>			M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<p style="font-size: 2em; color: red; text-align: center;">1</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Pasta with butter and Parmesan cheese, salad, fresh fruit & milk</p> <p>PM: Snack mix & apples</p>	<p style="font-size: 2em; color: red; text-align: center;">2</p> <p>AM: Graham crackers & milk</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, Cheez-Its, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>
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<p style="font-size: 2em; color: red; text-align: center;">5</p> <p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, orange slices & milk</p> <p>PM: apple slices & Cheez-Its</p>	<p style="font-size: 2em; color: red; text-align: center;">6</p> <p style="text-align: center;">COOKS CHOICE</p>	<p style="font-size: 2em; color: red; text-align: center;">7</p> <p>AM: Quaker cereal bar & milk</p> <p>L: Chicken taquitos, rice pilaf, orange slices & milk</p> <p>PM: Cheese sticks & fresh fruit</p>	<p style="font-size: 2em; color: red; text-align: center;">8</p> <p>AM: Toasted bagel and milk</p> <p>L: Pasta with marinara sauce, mixed veggies & milk</p> <p>PM: Orange slices & graham crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">9</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Unsweetened applesauce and Club crackers</p>																																																																																											
<p style="font-size: 2em; color: red; text-align: center;">12</p> <p>AM: Graham crackers & bananas</p> <p>L: Cheesy scrambled eggs, tator tots, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<p style="font-size: 2em; color: red; text-align: center;">13</p> <p>AM: Cereal & milk</p> <p>L: Turkey and cheese sandwiches on whole wheat, Cheez-Its, oranges & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">14</p> <p>AM: French toast sticks and fresh fruit</p> <p>L: Turkey Sloppy Joes, fresh fruit, green beans & milk</p> <p>PM: Pretzels & raisins</p>	<p style="font-size: 2em; color: red; text-align: center;">15</p> <p>AM: Whole wheat toast & milk</p> <p>L: Macaroni and Cheese, green peas & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">16</p> <p>Daddies & Donuts event 7-9 a.m. AM: Lowfat yogurt & Graham</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Cheese slices & crackers</p>																																																																																											
<p style="font-size: 2em; color: red; text-align: center;">19</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Fish sticks, rice pilaf, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p style="font-size: 2em; color: red; text-align: center;">20</p> <p>AM: Toasted english muffin & milk</p> <p>Disney Lunch : Mickey chicken nuggets, mashed Mr. Potato Head, Moana's pineapple & milk</p> <p>PM: Snow White's apples & Nemo Goldfish</p>	<p style="font-size: 2em; color: red; text-align: center;">21</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Turkey hot dog, french fries, oranges & milk</p> <p>PM: String cheese & Ritz crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">22</p> <p>AM: Cereal & milk</p> <p>L: Vegetarian bean and cheese burritos, apples & milk</p> <p>PM: Fresh fruit & graham crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">23</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey and cheese slices with crackers, fresh fruit & milk</p> <p>PM: Pretzels & oranges</p>																																																																																											
<p style="font-size: 2em; color: red; text-align: center;">26</p> <p>AM: Cereal & milk</p> <p>L: Chicken taquitos, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<p style="font-size: 2em; color: red; text-align: center;">27</p> <p>AM: Toasted bagels and fresh fruit</p> <p>L: Cheese Tortellini, mixed veggies & milk</p> <p>PM: Fresh fruit & Goldfish crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">28</p> <p>AM: Fresh fruit and organic animal crackers</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, Cheez-Its, fresh fruit & milk</p> <p>PM: string cheese & Club crackers</p>	<p style="font-size: 2em; color: red; text-align: center;">29</p> <p style="text-align: center;">COOKS CHOICE</p>	<p style="font-size: 2em; color: red; text-align: center;">30</p> <p>AM: Quaker cereal bar & milk</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Pretzels & raisins</p>																																																																																											

NOTE: All milk is lowfat 1%, BREAKFAST is always cold cereal, milk and fresh fruit and is over at 7:30