

August 2017

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																
<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;">Jul 2017</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> <tr> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table> </div> <div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">1</div> <p>AM: Toasted English muffin & milk</p> <p>L: Pasta with marinara sauce, mixed veggies & milk</p> <p>PM: Apple slices and snack mix</p>	M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">2</div> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Turkey hot dog, french fries, oranges & milk</p> <p>PM: String cheese & Ritz crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">3</div> <p>AM: Cereal & milk</p> <p>L: Vegetarian bean and cheese burritos, apples & milk</p> <p>PM: Fresh fruit & graham crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">4</div> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey and cheese slices with crackers, fresh fruit & milk</p> <p>PM: Pretzels & oranges</p>
M	T	W	T	F	S	S																																														
					1	2																																														
3	4	5	6	7	8	9																																														
10	11	12	13	14	15	16																																														
17	18	19	20	21	22	23																																														
24	25	26	27	28	29	30																																														
31																																																				
<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">7</div> <p>AM: Cereal & milk</p> <p>L: Chicken taquitos, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">8</div> <p>AM: Toasted bagels and fresh fruit</p> <p>L: Cheese Tortellini, mixed veggies & milk</p> <p>PM: Fresh fruit & Goldfish crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">9</div> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, Cheez-Its, fresh fruit & milk</p> <p>PM: Edible Ocean Scene on a graham cracker & milk</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">10</div> <p style="text-align: center;">COOK'S CHOICE</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">11</div> <p>AM: Quaker cereal bar & milk</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Pretzels & raisins</p>																																																
<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">14</div> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Macaroni and Cheese, green peas & milk</p> <p>PM: Goldfish crackers & raisins</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">15</div> <p>AM: French toast sticks & milk</p> <p>L: Cheese quesadilla, rice pilaf, oranges & milk</p> <p>PM: Pretzels & fresh fruit</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">16</div> <p>AM: Quaker cereal bar & milk</p> <p>L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk</p> <p>PM: Organic animal crackers & milk</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">17</div> <p>AM: Cereal & milk</p> <p>L: Chicken corn dogs, mixed veggies, oranges & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">18</div> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey and cheese sandwiches on whole wheat, Cheez-Its, oranges & milk</p> <p>PM: Snack mix & fresh fruit</p>																																																
<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">21</div> <p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, oranges & milk</p> <p>PM: apple slices & Cheez-Its</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">22</div> <p style="text-align: center;">COOK'S CHOICE</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">23</div> <p>AM: Toasted bagel and milk</p> <p>L: Pasta with marinara sauce, mixed veggies & milk</p> <p>PM: Orange slices & graham crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">24</div> <p>AM: Quaker cereal bar & apple slices</p> <p>L: Aloha Lunch : Teryaki chicken, rice, steamed broccoli, pineapple & milk</p> <p>PM: Cheese sticks & Ritz crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">25</div> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Unsweetened applesauce and Club crackers</p>																																																
<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">28</div> <p>AM: orange slices & graham crackers</p> <p>L: Cheesy scrambled eggs, tater tots, fresh fruit & milk</p> <p>PM: String cheese & pretzels</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">29</div> <p>AM: Toasted English muffin & milk</p> <p>L: Silly Lunch: Wacky-roni N' Cheese, mixed up veggies, fresh fruit & milk</p> <p>PM: Orange slices & organic animal crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">30</div> <p>AM: Lowfat yogurt & apple slices</p> <p>L: Turkey sliders on a bun, fresh fruit & milk</p> <p>PM: Cheese slices & crackers</p>	<div style="text-align: center; font-size: 2em; font-weight: bold; color: #8B0000;">31</div> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Pasta with butter and Parmesan cheese, salad, fresh fruit & milk</p> <p>PM: Apple slices and snack mix</p>	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Sep 2017</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td> </tr> </table> </div>	M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
M	T	W	T	F	S	S																																														
					1	2	3																																													
4	5	6	7	8	9	10																																														
11	12	13	14	15	16	17																																														
18	19	20	21	22	23	24																																														
25	26	27	28	29	30																																															

NOTE: All milk is 1%, Breakfast is always cold cereal, milk and fresh fruit and is over at 7:30