

# August 2017



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>AM: Fresh fruit &amp; graham crackers</p> <p>L: Macaroni &amp; cheese, green peas &amp; milk</p> <p>PM: Goldfish crackers &amp; raisins</p>	<p>2</p> <p>AM: Quaker cereal bar &amp; apple slices</p> <p>L: Turkey &amp; cheese sandwiches on whole wheat, fresh fruit, carrot sticks &amp; milk</p> <p>PM: Organic animal crackers &amp; milk</p>	<p>3</p> <p>AM: cereal &amp; milk</p> <p>L: Chicken corn dogs, green beans, orange slices &amp; milk</p> <p>PM: Cheese sticks and Club crackers</p>	<p>4</p> <p>AM: Lowfat yogurt &amp; organic animal crackers</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Snack mix &amp; fresh fruit</p>
<p>7</p> <p>AM: orange slices &amp; graham crackers</p> <p>L: Pasta with butter and Parmesan cheese, salad, fresh fruit &amp; milk</p> <p>PM: String cheese &amp; pretzles</p>	<p>8</p> <p>AM: Toasted English muffin &amp; milk</p> <p>L: Vegetarian bean and cheese burritos, apples &amp; milk</p> <p>PM: Orange slices &amp; Organic animal crackers</p>	<p>9</p> <p>AM: Lowfat yogurt &amp; apple slices</p> <p>L: Turkey slider on a roll, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; raisins</p>	<p>10</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Chicken nuggets, salad, mashed potatoes &amp; milk</p> <p>PM: Apple slices &amp; snack mix</p>	<p>11</p> <p>AM: Graham crackers &amp; milk</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit &amp; milk</p> <p>PM: Goldfish crackers &amp; raisins</p>
<p>14</p> <p>AM: Cereal &amp; milk</p> <p>L: Cheese pizza, green beans, orange slices &amp; milk</p> <p>PM: Cheez-Its &amp; apple slices</p>	<p>15</p> <p>AM: Quaker cereal bar &amp; apples</p> <p>L: Roasted chicken strips w/ BBQ dipping sauce, rice, steamed veggies &amp; milk</p> <p>PM: Cheese sticks &amp; Ritz crackers</p>	<p>16</p> <p>AM: Toasted bagel &amp; milk</p> <p>L: Pasta with marinara sauce, mixed veggies &amp; milk</p> <p>PM: Graham crackers &amp; orange slices</p>	<p>17</p> <p>Lowfat yogurt &amp; organic animal crackers</p> <p>L: Wow Butter &amp; jelly sandwiches on whole wheat, Cheez-Its, fresh fruit &amp; milk</p> <p>PM: Unsweetened applesauce and Club crackers</p>	<p>18</p> <p>AM: Graham crackers &amp; bananas</p> <p>L: Cheesey scrambled eggs, tator tots, fresh fruit &amp; milk</p> <p>PM: Snack mix &amp; fresh fruit</p>
<p>21</p> <p>AM: Cereal &amp; milk</p> <p>L: Turkey and cheese sandwiches on whole wheat, Cheez-Its, oranges &amp; milk</p> <p>PM: Cheese sticks &amp; Club crackers</p>	<p>22</p> <p>AM: French toast sticks and fresh fruit</p> <p>L: Sloppy Joes, fresh fruit, green beans &amp; milk</p> <p>PM: Pretzels &amp; raisins</p>	<p>23</p> <p>AM: Whole wheat toast &amp; milk</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit &amp; milk</p> <p>PM: Fresh fruit &amp; organic animal crackers</p>	<p>24</p> <p>AM: Lowfat yogurt &amp; organic animal crackers</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Cheese slices &amp; crackers</p>	<p>25</p> <p>AM: Fresh fruit &amp; Graham crackers</p> <p>L: Fish sticks, rice, fresh fruit &amp; milk</p> <p>PM: Goldfish crackers &amp; raisins</p>
<p>28</p> <p>AM Snack: Bagels with Cream Cheese</p> <p>L: Chicken Taquitos with Lettuce, Sour Cream, Rice, Milk</p> <p>PM Snack: Fruit with Cheese-Itz</p>	<p>29</p> <p>AM: Cereal and milk</p> <p>L: English muffin pizza, green beans and peaches</p> <p>PM: Nilla Wafers and Raisins</p>	<p>30</p> <p>AM: Waffles and fruit</p> <p>L: Noodles with Chicken, Vegetables, Fresh Fruit, Milk</p> <p>PM: Cheese sticks and crackers</p>	<p>31</p> <p>AM: Cinnamon toast and fruit</p> <p>L: Spaghetti with marinara sauce, corn and oranges</p> <p>PM: Chex mix and bananas</p>	