



October 2017 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Turkey hot dog, french fries, oranges & milk</p> <p>PM: String cheese & Ritz crackers</p>	<p>3</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey &cheese slices with crackers, fresh fruit & milk</p> <p>PM: Pretzels & oranges</p>	<p>4</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, Cheez-Its, fresh fruit & milk</p> <p>PM: String cheese & Club crackers</p>	<p>5</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Fish sticks, rice pilaf, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p>6</p> <p>AM: Quaker cereal bar & milk</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Pretzels & raisins</p>
<p>9</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: English muffin cheese pizzas, cucumbers, fresh fruit & milk</p> <p>PM: Apples & cheese slices</p>	<p>10</p> <p>AM: French toast sticks & milk</p> <p>L: Cheese quesadilla, rice pilaf, oranges & milk</p> <p>PM: Raisins & Goldfish crackers</p>	<p>11</p> <p>AM: Quaker cereal bar & apple slices</p> <p>L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk</p> <p>PM: Organic animal crackers & milk</p>	<p>12</p> <p>AM: Cereal & milk</p> <p>L: Chicken corn dogs, mixed veggies, oranges & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p>13</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey &cheese sandwiches on whole wheat, Cheez-Its, oranges & milk</p> <p>PM: Snack mix & fresh fruit</p>
<p>16</p> <p>AM: orange slices & graham crackers</p> <p>L: Turkey sliders on a bun, fresh fruit & milk</p> <p>PM: String cheese & pretzles</p>	<p>17</p> <p>AM: Toasted English muffin& milk</p> <p>L: Vegetarian bean &cheese burritos, apples & milk</p> <p>PM: Orange slices & organic animal crackers</p>	<p>18</p> <p>AM: Lowfat yogurt & apple slices</p> <p>L: Cheesy scrambled eggs, tater tots, fresh fruit & milk</p> <p>PM: Cheese slices & crackers</p>	<p>19</p> <p>AM: Fresh fruit with organic animal crackers</p> <p>L: Pasta with butter &Parmesan cheese, salad, fresh fruit & milk</p> <p>PM: Apple slices &snack mix</p>	<p>20</p> <p>AM: Graham crackers & milk</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, Cheez-Its, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>
<p>23</p> <p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, oranges & milk</p> <p>PM: Apple slices & Cheez-Its</p>	<p>24</p> <p>AM: Quaker cereal bar & apple slices</p> <p>L: Roasted chicken strips with BBQ dipping sauce, steamed veggies & milk</p> <p>PM: Cheese sticks & Ritz crackers</p>	<p>25</p> <p>AM: Toasted bagel &milk</p> <p>L: Pasta with marinara sauce, mixed veggies & milk</p> <p>PM: Orange slices & graham crackers</p>	<p>26</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Apple slices & club crackers</p>	<p>27</p> <p>AM: French toast sticks &fruit</p> <p>L: Vegetarian bean &cheese burritos, carrots &milk</p> <p>PM: Pretzels &raisins</p>
<p>30</p> <p>AM: Pancakes &fruit</p> <p>L: Macaroni &Cheese, green peas & milk</p> <p>PM: Cheese slices &crackers</p>	<p>31</p> <p>AM: Cereal &milk</p> <p>L: Sloppy Joe's, green beans & milk</p> <p>PM: Carrots with ranch dip</p>			