



October 2017



Chula Vista Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																				
<p>2</p> <p>AM Snack: Animal Crackers with Fresh Fruit</p> <p>L: English Muffin Cheese Pizza, Mixed Berries, Milk</p> <p>PM Snack: Mandarin Oranges with Crackers</p>	<p>3</p> <p>AM Snack: Corn Bread with Milk</p> <p>L: Chicken Fettucini with Broccoli, Fresh Fruit, Milk</p> <p>PM Snack: String Cheese with Crackers</p>	<p>4</p> <p>AM Snack: Yogurt with Graham Crackers</p> <p>L: Turkey Ham and Cheese Subs, Carrot Sticks, Milk</p> <p>PM Snack: Fruit Cocktail with Club House Crackers</p>	<p>5</p> <p>AM Snack: BelVita Crackers with Milk</p> <p>L: Waffles, Turkey Bacon, Fresh Fruit, Milk</p> <p>PM Snack: Snack Mix with Fresh Fruit</p>	<p>6</p> <p>AM Snack: Arroz con Leche, Toast</p> <p>L: Chicken Nuggets, Mashed Potatoes, Mixed Vegetables, Milk</p> <p>PM Snack: Apple Sauce with Crackers</p>																																																																																				
<p>9</p> <p>AM Snack: Pancakes with Fresh Fruit</p> <p>L: Turkey Corn Dogs, French Fries, Fresh Fruit, Milk</p> <p>PM Snack: Pear Slices with Crackers</p>	<p>10</p> <p>AM Snack: Granola Bars with Milk</p> <p>L: Quesadillas, Vegetarian Beans, Cucumbers, Milk</p> <p>PM Snack: Goldfish with Raisins</p>	<p>11</p> <p>AM Snack: Fresh Fruit with Crackers</p> <p>L: Beef Taquitos with Lettuce, Sour Cream, Rice, Milk</p> <p>PM Snack: Carrot Sticks with Ranch, Wheat Thins</p>	<p>12</p> <p>AM Snack: English Muffin with Oranges</p> <p>L: WowButter and Jelly Sandwiches, Apple Slices, Milk</p> <p>PM Snack: Saltine Crackers, Cheese and Turkey Slices</p>	<p>13</p> <p>PINK DAY</p> <p>AM Snack: Strawberries Smothies with Graham Crackers</p> <p>L: Meatball Marinara Sub with Cheese, Peas and Carrots, Milk</p> <p>PM Snack: Strawberry Yogurt with Nilla Wafers</p>																																																																																				
<p>16</p> <p>AM Snack: Cheese Toast with Bananas</p> <p>L: Teriyaki Chicken, White Rice, Pineapple Chunks, Milk</p> <p>PM Snack: Snack Mix with Fresh Fruit</p>	<p>17</p> <p>AM Snack: Animal Crackers with Fresh Fruit</p> <p>L: Fettucini Alfredo with Broccoli, Fresh Fruit, Milk</p> <p>PM Snack: Fruit Cocktail with Club House Crackers</p>	<p>18</p> <p>AM Snack: Corn Bread with Milk</p> <p>L: Noodles with Chicken, Vegetables, Fresh Fruit, Milk</p> <p>PM Snack: Pretzel Rods with Fresh Fruit</p>	<p>19</p> <p>AM Snack: Bagels with Cream Cheese</p> <p>L: Turkey Ham and Cheese Subs, Carrot Sticks, Milk</p> <p>PM Snack: Apple Sauce with Crackers</p>	<p>20</p> <p>Cook's</p>																																																																																				
<p>23</p> <p>AM Snack: BelVita Crackers with Milk</p> <p>L: Macaroni and Cheese, Mixed Vegetables, Rolls, Milk</p> <p>PM Snack: Sliced Cheese with Crackers</p>	<p>24</p> <p>AM Snack: Granola Bars with Milk</p> <p>L: Bean and Cheese Burritos, Rice, Fresh Fruit, Milk</p> <p>PM Snack: Mandarin Oranges with Crackers</p>	<p>25</p> <p>AM Snack: Bagels with Cream Cheese</p> <p>L: Chicken Pozole, Lettuce, Corn Chips, Fresh Fruit, Milk</p> <p>PM Snack: Fruit Cocktail with Club House Crackers</p>	<p>26</p> <p>AM Snack: Animal Crackers with Fresh Fruit</p> <p>L: Grilled Cheese Sandwich, Fresh Fruit, Milk</p> <p>PM Snack: Snack Mix with Fresh Fruit</p>	<p>27</p> <p>AM Snack: Yogurt with Graham Crackers</p> <p>L: English Muffin Cheese Pizza, Mixed Berries, Milk</p> <p>PM Snack: Goldfish with Raisins</p>																																																																																				
<p>30</p> <p>AM Snack: Waffles with Fresh Fruit</p> <p>L: Cheese Quesadillas, Rice, Beans, Milk</p> <p>PM Snack: Pear Slices with Crackers</p>	<p>31</p> <p>AM Snack: Apple Slices with WowButter, Cheese Itz</p> <p>L: Spaghetti with Cut Up Hot Dogs, Orange Slices, Milk</p> <p>PM Snack: String Cheese with Cheese-Itz</p>	<p>Sep 2017</p> <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table>		M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		<p>Nov 2017</p> <table border="1"> <thead> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
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