

December 2017

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																				
<div style="display: flex; justify-content: space-around;"> <table border="1" style="border-collapse: collapse; text-align: center;"> <caption>Nov 2017</caption> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table> <table border="1" style="border-collapse: collapse; text-align: center;"> <caption>Jan 2018</caption> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div>				M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					1 AM: Quaker cereal bar & milk L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Pretzels & raisins
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4 AM: Fresh fruit & Graham crackers L: Macaroni and Cheese, green peas & milk PM: Fresh fruit & Wow Butter	5 AM: French toast sticks & milk L: Cheese quesadilla, rice pilaf, fresh fruit & milk PM: Goldfish crackers & raisins	6 AM: Quaker cereal bar & fresh fruit L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk PM: Organic animal crackers & milk	7 AM: Cereal & milk L: Chicken corn dogs, mixed veggies, fresh fruit & milk PM: Cheese sticks & Club crackers	8 AM: Lowfat yogurt & organic animal crackers L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk PM: Snack mix & fresh fruit																																																																																				
11 AM: Fresh fruit & Graham crackers L: Turkey meatloaf, mashed potatoes, mixed veggies & milk PM: String cheese & pretzles	12 AM: Toasted English muffin & milk L: Vegetarian bean and cheese burritos, apples & milk PM: Fresh fruit & organic animal crackers	13 AM: Lowfat yogurt & fresh fruit L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk PM: Cheese slices & crackers	14 AM: Fresh fruit & organic animal crackers L: Pasta with butter and Parmesan cheese, salad, fresh fruit & milk PM: Snack mix & fresh fruit	15 AM: Graham crackers & milk L: Turkey sliders on a bun, fresh fruit, carrot sticks & milk PM: Goldfish crackers & raisins																																																																																				
18 AM: Cereal & milk L: Cheese pizza, green beans, fresh fruit & milk PM: Fresh fruit & goldfish crackers	19 AM: Quaker cereal bar & fresh fruit L: Roasted chicken strips with BBQ dipping sauce, mashed potatoes, mixed veggies & milk PM: Ritz crackers and cheese sticks	20 COOK'S CHOICE	21 AM: Toasted bagel & milk L: Pasta with marinara sauce, mixed veggies & milk PM: Fresh fruit & graham crackers	22 AM: Lowfat yogurt & organic animal crackers L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh fruit and Club crackers																																																																																				
25 CLOSED	26 AM: Cereal & milk L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, oranges & milk PM: Cheese sticks & Club crackers	27 AM: French toast sticks and fresh fruit L: Turkey Sloppy Joes, fresh fruit, green beans & milk PM: Pretzels & raisins	28 AM: Whole wheat toast & milk L: Turkey and cheese slices with crackers, fresh fruit & milk PM: Fresh fruit & organic animal crackers	29 AM: Lowfat yogurt & Graham crackers L: Cheese pizza, green beans, fresh fruit & milk PM: Cheese slices & crackers																																																																																				

NOTE: All milk is 1%, BREAKFAST is always cold cereal, milk and fresh fruit and is over at 7:30