



March 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Whole wheat cinnamon toast & milk L: Pasta with marinara sauce, mixed veggies & milk PM: Fresh fruit & graham crackers	2 AM: Lowfat yogurt & organic animal crackers L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh fruit & Club crackers
5 AM: Fresh fruit & organic animal crackers L: Turkey hot dog, french fries, fresh fruit & milk PM: String cheese & crackers	6 AM: Cereal & milk L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk PM: Cheese sticks & Club crackers	7 AM: French toast sticks and fresh fruit L: Cheese tortellini with marinara sauce, fresh fruit, green beans & milk PM: Carrot sticks and ranch	8 AM: Graham cracker and milk L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk PM: Fresh fruit & organic animal crackers	9 AM: Fresh fruit & bagels L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Cheese slices & crackers
12 AM: Fresh fruit & Nutrigrain Bar L: Fish sticks, rice pilaf, green beans & milk PM: Goldfish crackers & raisins	13 AM: Toasted English muffin & milk L: Chicken noodle soup, crackers, fresh fruit & milk PM: Snack mix & fresh fruit	14 AM: Fresh fruit & Graham crackers L: Cheesy scrambled eggs, tater tots, fresh fruit & milk PM: Snack mix & fresh fruit	15 AM: Cereal & milk L: Vegetarian bean and cheese burritos, fresh fruit & milk PM: Fresh fruit & Graham crackers	16 AM: Lowfat yogurt & organic animal crackers L: Turkey and cheese slices with crackers, fresh fruit & milk PM: Pretzels & fresh fruit
19 AM: Cereal & milk L: Chicken taquitos, vegetarian refried beans, fresh fruit & milk PM: Snack mix & fresh fruit	20 AM: Toasted bagels and fresh fruit L: Cheese Tortellini, mixed veggies & milk PM: Fresh fruit & Goldfish crackers	21 AM: Fresh fruit & organic animal crackers L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk PM: Cheese sticks & crackers	22 AM: Cereal bar & fresh fruit L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Pretzels & raisins	23 26 AM: Fresh fruit & Graham crackers L: Macaroni and Cheese, green peas & milk PM: Apple slices & crackers
26 AM: French toast sticks and milk L: Cheese quesadilla, rice pilaf, fresh fruit & milk PM: Goldfish crackers & raisins	27 AM: Waffles & fresh fruit L: Turkey and cheese sandwiches on whole wheat, carrot sticks, fresh fruit & milk PM: Organic animal crackers & milk	28 AM: Graham crackers & milk L: Pasta with marinara sauce, corn and fruit PM: Cheese and crackers	29 AM: Pancakes & blueberries L: Turkey and cheese slices with crackers, fresh fruit and milk PM: Pretzels & raisins	30 AM: Cereal and milk L: Turkey Sloppy Joes, peas and milk PM: Wheat thins and fruit

Note: Breakfast is always cold cereal, milk and fresh fruit and is served from 6:00 am - 7:00 am