

March 2018

Monthly Planner

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																										
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center;">Feb 2018</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center;">Apr 2018</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>		M	T	W	T	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					M	T	W	T	F	S	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<p style="text-align: center; color: red; font-size: 24px;">1</p> <p>AM: Cereal & milk</p> <p>L: Chicken corn dogs, mixed veggies, fresh fruit & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">2</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk</p> <p>PM: Snack mix & fresh fruit</p>
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<p style="text-align: center; color: red; font-size: 24px;">5</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Fish sticks, rice pilaf, green beans & milk</p> <p>PM: String cheese & pretzles</p>	<p style="text-align: center; color: red; font-size: 24px;">6</p> <p>AM: Toasted bagels and fresh fruit</p> <p>L: Vegetarian bean and cheese burritos, fresh fruit & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">7</p> <p>AM: Lowfat yogurt and fresh fruit</p> <p>L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">8</p> <p>AM: Fresh fruit & organic animal crackers</p> <p>L: Pasta with butter and Parmesan cheese, green beans, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<p style="text-align: center; color: red; font-size: 24px;">9</p> <p>AM: Graham crackers & milk</p> <p>L: Turkey sliders on a bun, fresh fruit, carrot sticks & milk</p> <p>PM: Goldfish crackers & raisins</p>																																																																																										
<p style="text-align: center; color: red; font-size: 24px;">12</p> <p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, oranges & milk</p> <p>PM: Fresh fruit & Cheez-Its</p>	<p style="text-align: center; color: red; font-size: 24px;">13</p> <p>AM: Quaker cereal bar & fresh fruit</p> <p>L: Roasted chicken strips with BBQ dipping sauce, mashed potatoes, mixed veggies & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">14</p> <p style="text-align: center;">COOK'S CHOICE</p>	<p style="text-align: center; color: red; font-size: 24px;">15</p> <p>AM: Toasted bagel & milk</p> <p>L: Pasta with marinara sauce, mixed veggies & milk</p> <p>PM: Fresh fruit & graham crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">16</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Fresh fruit & Club crackers</p>																																																																																										
<p style="text-align: center; color: red; font-size: 24px;">19</p> <p>AM: Fresh fruit & cereal bars</p> <p>L: Cheesy scrambled eggs, tater tots, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<p style="text-align: center; color: red; font-size: 24px;">20</p> <p>AM: Fresh fruit & animal crackers</p> <p>L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">21</p> <p>AM: French toast sticks and fresh fruit</p> <p>L: Turkey Sloppy Joes, fresh fruit, green beans & milk</p> <p>PM: Pretzels & raisins</p>	<p style="text-align: center; color: red; font-size: 24px;">22</p> <p>AM: Whole wheat toast & milk</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">23</p> <p>AM: Fresh fruit & graham crackers</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Cheese slices & crackers</p>																																																																																										
<p style="text-align: center; color: red; font-size: 24px;">26</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Turkey meatloaf, mashed potatoes, mixed veggies & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p style="text-align: center; color: red; font-size: 24px;">27</p> <p>AM: Toasted English muffin & milk</p> <p>L: Chicken noodle soup, sliced cheese, crackers, fresh fruit & milk</p> <p>PM: Snack mix & fresh fruit</p>	<p style="text-align: center; color: red; font-size: 24px;">28</p> <p>AM: Fresh fruit & organic animal crackers</p> <p>L: Turkey hot dog, french fries, fresh fruit & milk</p> <p>PM: String cheese & Ritz crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">29</p> <p>AM: Cereal & milk</p> <p>L: Vegetarian bean and cheese burritos, fresh fruit & milk</p> <p>PM: Fresh fruit & Graham crackers</p>	<p style="text-align: center; color: red; font-size: 24px;">30</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Turkey and cheese slices with crackers, fresh fruit & milk</p> <p>PM: Pretzles & fresh fruit</p>																																																																																										

Note: ALL milk is 1% BREAKFAST is over at 7:30 and is ALWAYS cold cereal, milk and fresh fruit