




# September 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>SCHOOL CLOSED FOR LABOR DAY!</b></p> 	<p>4 AM: Cereal &amp; milk L: Vegetarian bean and cheese burritos, fresh fruit &amp; milk PM: Fresh fruit &amp; graham crackers</p>	<p>5 AM: Lowfat yogurt &amp; organic animal crackers L: Turkey and cheese slices with crackers, fresh fruit &amp; milk PM: Pretzels &amp; oranges</p>	<p>6 AM: Toasted English muffin &amp; milk L: Macaroni and cheese, mixed veggies, fresh fruit &amp; milk PM: Orange slices &amp; organic animal crackers</p>	<p>7 AM: Toasted bagels and fresh fruit L: Chicken, rice, steamed broccoli &amp; milk PM: Fresh fruit &amp; Goldfish crackers</p>
<p>10 AM: Fresh fruit with organic animal crackers L: Wow Butter &amp; jelly sandwiches on whole wheat, Cheez-Its, fresh fruit &amp; milk PM: Graham cracker &amp; milk</p>	<p>11 AM Cereal bar &amp; milk L: Grilled cheese on whole wheat, carrots, fresh fruit &amp; milk PM: Pretzels &amp; raisins</p>	<p>12 AM: Fresh fruit &amp; Graham crackers L: Macaroni and Cheese, green peas &amp; milk PM: Goldfish crackers &amp; raisins</p>	<p>13 AM: French toast sticks &amp; milk L: Cheese quesadilla, rice, oranges &amp; milk PM: Pretzels &amp; fresh fruit</p>	<p>14 AM: Quaker cereal bar &amp; milk L: Roasted chicken, mashed potatoes w/ gravy, broccoli &amp; milk PM: Organic animal crackers &amp; milk</p>
<p>17 AM: Cereal &amp; milk L: Chicken corn dogs, mixed veggies, oranges &amp; milk PM: Cheese sticks &amp; Club crackers</p>	<p>18 AM: Lowfat yogurt &amp; organic animal crackers L: Turkey and cheese sandwiches on whole wheat, Cheez-Its, oranges &amp; milk PM: Snack mix &amp; fresh fruit</p>	<p>19 AM: Cereal &amp; milk L: Cheese pizza, green beans, oranges &amp; milk PM: Fresh fruit &amp; Cheez-Its</p>	<p>20 AM: Toasted bagel and milk L: Pasta with marinara sauce, mixed veggies &amp; milk PM: Orange slices &amp; graham crackers</p>	<p>21 AM: Toasted English muffin &amp; milk L: Cheese quesadillas, rice, fresh fruit &amp; milk PM: Fresh fruit and snack mix</p>
<p>24 AM: Lowfat yogurt &amp; organic animal crackers L: Grilled cheese on whole wheat, carrots, fresh fruit &amp; milk PM: Unsweetened applesauce and Club crackers</p>	<p>25 AM: Orange slices &amp; graham crackers L: Cheesy scrambled eggs, tater tots, fresh fruit &amp; milk PM: String cheese &amp; pretzels</p>	<p>26 AM: Cereal &amp; milk L: Chicken taquitos, vegetarian refried beans, fresh fruit &amp; milk PM: Snack mix &amp; fresh fruit</p>	<p>27 AM: Lowfat yogurt &amp; fresh fruit L: Turkey sliders, fresh fruit &amp; milk PM: Cheese slices &amp; crackers</p>	<p>28 AM: Fresh fruit with organic animal crackers L: Pasta with butter and Parmesan cheese, peas, fresh fruit &amp; milk PM: Fresh fruit and snack mix</p>

Note: Breakfast is always cold cereal, milk and fresh fruit and is served from 6:00 am - 7:00 am