

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																											
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center; margin: 0;">Oct 2018</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> </div> <div style="border: 1px solid black; padding: 5px; width: 45%;"> <p style="text-align: center; margin: 0;">Dec 2018</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> </div> </div>			M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							1	2
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			<p>**COOK'S CHOICE**</p>	<p>AM: Cereal bar & milk</p> <p>L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk</p> <p>PM: Pretzles & raisins</p>																																																																																											
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<p>AM: Fresh fruit & graham crackers</p> <p>L: Macaroni and Cheese, green peas & milk</p> <p>PM: Apple slices & WOW butter</p>	<p>AM: French toast sticks & fresh fruit</p> <p>PM: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Pretzles & raisins</p>	<p>AM: Cereal bar & milk</p> <p>L: Turkey and cheese sandwiches on whole wheat, carrot sticks, fresh fruit & milk</p> <p>PM: Organic animal crackers & milk</p>	<p>AM: Cereal & milk</p> <p>L: Chicken corn dog, mixed veggies, fresh fruit & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p>AM: Lowfat yogurt & graham crackers</p> <p>L: Roasted chicken strips w/ BBQ dipping sauce, mashed potatoes, green beans, & milk</p> <p>PM: Snack mix & fresh fruit</p>																																																																																											
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<p>AM: Quaker cereal bar & fresh fruit</p> <p>L: Turkey hot dog, tater tots, fresh fruit & milk</p> <p>PM: String cheese & pretzles</p>	<p>AM: Toasted English muffin & milk</p> <p>L: Vegetarian bean and cheese burrito, fresh fruit & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p>AM: Lowfat yogurt & fresh fruit</p> <p>L: Wow butter and jelly on whole wheat, carrot sticks & fresh fruit</p> <p>PM: Sliced cheese & crackers</p>	<p>AM: Graham crackers & milk</p> <p>L: Pasta w/ butter and parmesan, mixed veggies, fresh fruit & milk</p> <p>PM: Snack Mix & *Friendship Salad</p>	<p>AM: Fresh fruit & organic animal crackers</p> <p>L: Turkey sliders on a bun, green beans, fresh fruit & milk</p> <p>PM: Pretzles & raisins</p>																																																																																											
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<p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Fresh fruits & Club crackers</p>	<p>AM: Toasted bagel & fresh fruit</p> <p>L: Roasted chicken strips w/ BBQ dipping sauce, mashed potatoes, mixed veggies & milk</p> <p>PM: Sliced cheese & crackers</p>	<p>**COOK'S CHOICE**</p>	<p>CLOSED for THANKSGIVING DAY</p>	<p>AM: Lowfat yogurt & graham crackers</p> <p>L: Turkey and cheese slices with crackers, fresh fruit & milk CLOSED AT 12:00 NOON</p>																																																																																											
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<p>AM: Fresh fruit & graham crackers</p> <p>L: Cheesy scrambled eggs, tator tots, fresh fruit & milk</p> <p>PM: Snack Mix & fresh fruit</p>	<p>AM: Whole wheat toast & milk</p> <p>L: Turkey and cheese sandwiches on whole wheat, carrot sticks, fresh fruit & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p>AM: French toast sticks & fresh fruit</p> <p>L: Turkey Sloppy Joes, fresh fruit, green beans & milk</p> <p>PM: Cheese sticks & Club crackers</p>	<p>AM: Cereal & milk</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Pretzles & raisins</p>	<p>AM: Lowfat yogurt & graham crackers</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Sliced cheese & crackers</p>																																																																																											

NOTE: All milk is 1%, BREAKFAST is always cereal, milk, fresh fruit and is over at 7:30.