



3580 Mt. Acadia Blvd San Diego, Ca 92111
858-560-0985
73 North Second Avenue Chula Vista, Ca 91910
619-425-9933 fax 619-425-3556
17025 Via Del Campo San Diego, Ca 92127
858-592-2335 fax 858-592-2344



Social Development: Halloween—Real and Pretend
Writing Skills: *Letters:* E, F, G, H
Numbers: Review 1-10 Review, 10-15
Colors: Black and Orange *Shapes:* Triangle & Oval
Science: Fall, Apples, Harvest, Nocturnal Animals



Fall is here!

Welcome to October! With the cooler weather coming, please take a moment to double check that your child's extra clothes are weather appropriate. Each child should have at least one change of clothes (in a Ziploc bag), just in case they get messy. Please remember to label everything!

Outside food

While we have all food provided throughout the day, parents are welcome to send in food for their children. Please note that we do have some rules regarding outside food:

- *All food that comes in **must** be nut free. Any food that is not nut free will be thrown out. We may have children with life-threatening nut allergies and we need to maintain a safe environment for them.
- *We do not allow any candy, cookies or overly sweet items for lunches or snacks. Any foods that come in that fall under this category will be thrown out.
- *Children cannot keep food in their cubbies. If your child brings in their own food, we will return it to their lunch box or will throw it out.
- *All of our snack and meal times are posted in the classrooms. We cannot serve food outside of these times because it disrupts the day.
- *All lunch boxes that are dropped up front must be labeled with your child's first and last name. Food that is unlabeled will not be served.



Save the Date!

We will be hosting our Fall Festival this month on October 26 from 6:30 pm - 8:00 pm. We will have games, crafts and food for everyone! Please do not send your child in their costume at school, but they are more than welcome to wear them to the fall festival. On Halloween, we will celebrate with Halloween and fall themed activities. We will gladly accept donations of candy to put together our goodie bags for all of our friends!



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October Birthdays!

*Akshobhyu *Aaron *Vanessa *Ishani *Aleia *Leona *Abigail *Cora *Avery

Upcoming Dates

October 5—World Teacher Day *October 26—Fall Festival *October 28—Chocolate Day

October 31—Halloween (no costumes, please wear a Halloween shirt)

