



February 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM: Toasted English muffin & milk L: Chicken noodle soup, crackers, fresh fruit & milk PM: Snack mix & fresh fruit
4 AM: Lowfat yogurt & organic animal crackers L: Turkey and cheese slices with crackers, fresh fruit & milk PM: Pretzels & fresh fruit	5 AM: Cereal & milk L: Vegetarian bean and cheese burritos, apples & milk PM: Fresh fruit & graham crackers	6 AM: Cereal & milk L: Chicken nuggets, corn, fresh fruit & milk PM: Snack mix & fresh fruit	7 AM: Toasted bagels and fresh fruit L: Cheese Tortellini, mixed veggies & milk PM: Fresh fruit & Goldfish crackers	8 AM: Fresh fruit & organic animal crackers L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk PM: Cheese sticks & Club crackers
11 AM: Quaker cereal bar & milk L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Pretzels & raisins	12 AM: Fresh fruit & Graham crackers L: Macaroni and Cheese, green peas & milk PM: Apple slices & crackers	13 AM: French toast sticks & milk L: Cheese pizza, peas, fresh fruit & milk PM: Goldfish crackers & raisins	14 AM: Quaker cereal bar & fresh fruit L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk PM: Pretzels & fresh fruit	15 AM: Cereal & milk L: Chicken corn dogs, mixed veggies, fresh fruit & milk PM: Cheese sticks & Club crackers
18 AM: Lowfat yogurt & organic animal crackers L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk PM: Snack mix & fresh fruit	19 AM: Fresh fruit & Graham crackers L: Turkey meatloaf, mashed potatoes, mixed veggies & milk PM: String cheese & pretzels	20 AM: Toasted English muffin & milk L: Cheese quesadillas, fresh fruit & milk PM: Fresh fruit & organic animal crackers	21 AM: Lowfat yogurt and fresh fruit L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk PM: Cheese slices & crackers	22 AM: Fresh fruit & organic animal crackers L: Pasta with butter and Parmesan cheese, green beans, fresh fruit & milk PM: Snack mix & fresh fruit
25 AM: Graham crackers & milk L: Turkey sliders on a bun, fresh fruit, carrot sticks & milk PM: Goldfish crackers & raisins	26 AM: Cereal & milk L: Cheese pizza, green beans, oranges & milk PM: Fresh fruit & Cheez-Its	27 AM: Nutrigrain bar & fresh fruit L: Chicken taquitos, vegetarian refried beans, fresh fruit & milk PM: Cheese sticks & Ritz crackers	28 AM: Fresh fruit & organic animal crackers L: Turkey hot dog, French fries, fresh fruit & milk PM: String cheese & Ritz crackers	

Note: Breakfast is always cold cereal, milk and fresh fruit and is served from 6:00 am - 7:00 am