

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																	
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="text-align: center; margin: 0;">Dec 2018</p> <table style="width: 100%; border-collapse: collapse; font-size: 0.8em;"> <tr> <td style="border: 1px solid black;">M</td> <td style="border: 1px solid black;">T</td> <td style="border: 1px solid black;">W</td> <td style="border: 1px solid black;">T</td> <td style="border: 1px solid black;">F</td> <td style="border: 1px solid black;">S</td> <td style="border: 1px solid black;">S</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> </tr> <tr> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> </tr> <tr> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> <td style="text-align: center;">22</td> <td style="text-align: center;">23</td> </tr> <tr> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> <td style="text-align: center;">29</td> <td style="text-align: center;">30</td> </tr> <tr> <td style="text-align: center;">31</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table> </div>	M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<p style="font-size: 1.5em; color: #800000;">1</p> <p>CLOSED Happy New Year!</p>	<p style="font-size: 1.5em; color: #800000;">2</p> <p>AM: Cereal & milk L: Pasta w/ marinara sauce, mixed veggies & milk PM: Goldfish crackers & fresh fruit</p>	<p style="font-size: 1.5em; color: #800000;">3</p> <p>AM: Cereal bar & milk L: Cheese pizza, green beans, fresh fruit & milk PM: Fresh fruit & graham crackers</p>	<p style="font-size: 1.5em; color: #800000;">4</p> <p>AM: Lowfat yogurt & graham crackers L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk PM: Fresh fruits & Club crackers</p>
M	T	W	T	F	S	S																																															
					1	2																																															
3	4	5	6	7	8	9																																															
10	11	12	13	14	15	16																																															
17	18	19	20	21	22	23																																															
24	25	26	27	28	29	30																																															
31																																																					
<p style="font-size: 1.5em; color: #800000;">7</p> <p>AM: Fresh fruit & graham crackers L: Cheesy scrambled eggs, tator tots, fresh fruit & milk PM: Snack mix & fresh fruit</p>	<p style="font-size: 1.5em; color: #800000;">8</p> <p>AM: Whole wheat toast & milk L: Turkey and cheese sandwiches on whole wheat, carrot sticks, fresh fruit & milk PM: Fresh fruit & organic animal crackers</p>	<p style="font-size: 1.5em; color: #800000;">9</p> <p>AM: French toast sticks & fresh fruit L: Turkey Sloppy Joes, fresh fruit, green beans & milk PM: String sticks & Club crackers</p>	<p style="font-size: 1.5em; color: #800000;">10</p> <p>AM: Cereal & milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Pretzles & raisins</p>	<p style="font-size: 1.5em; color: #800000;">11</p> <p>AM: Lowfat yogurt & graham crackers L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk PM: Sliced cheese & Ritz crackers</p>																																																	
<p style="font-size: 1.5em; color: #800000;">14</p> <p>AM: Fresh fruit & graham crackers L: Fish sticks, rice pilaf, fresh fruit & milk PM: Goldfish crackers & raisins</p>	<p style="font-size: 1.5em; color: #800000;">15</p> <p>AM: Toasted English muffin & milk L: Chicken noddle soup, cheese crackers, fresh fruit & milk PM: Snack mix & fresh fruit</p>	<p style="font-size: 1.5em; color: #800000;">16</p> <p>AM: Fresh fruit & organic animal crackers L: Turkey hot dog, tater tots, fresh fruit & milk PM: String cheese & Ritz crackers</p>	<p style="font-size: 1.5em; color: #800000;">17</p> <p>AM: Cereal & milk L: Turkey and cheese slices with crackers, fresh fruit & milk PM: Fresh fruit & graham crackers</p>	<p style="font-size: 1.5em; color: #800000;">18</p> <p>AM: Lowfat yogurt & animal crackers L: Vegetarian bean and cheese burrito, fresh fruit & milk PM: Pretzles & fresh fruit</p>																																																	
<p style="font-size: 1.5em; color: #800000;">21</p> <p>AM: Cereal & milk L: Cheese Tortellini, mixed veggies & milk PM: String sticks & Club crackers</p>	<p style="font-size: 1.5em; color: #800000;">22</p> <p>AM: Fresh fruit & organic animal crackers L: Turkey sliders on a bun, green beans, fresh fruit & milk PM: Fresh fruit & graham crackers</p>	<p style="font-size: 1.5em; color: #800000;">23</p> <p>AM: Toasted bagel & fresh fruit L: Wow butter and jelly on whole wheat, carrot sticks & fresh fruit PM: Goldfish crackers & raisins</p>	<p style="font-size: 1.5em; color: #800000;">24</p> <p style="text-align: center;">**COOK'S CHOICE**</p>	<p style="font-size: 1.5em; color: #800000;">25</p> <p>AM: Cereal bar & milk L: Grilled cheese on whole wheat, carrot sticks, fresh fruit & milk PM: Pretzles & raisins</p>																																																	
<p style="font-size: 1.5em; color: #800000;">28</p> <p>AM: Fresh fruit & graham crackers L: Macaroni and Cheese, green peas & milk PM: Apple slices & WOW butter</p>	<p style="font-size: 1.5em; color: #800000;">29</p> <p>AM: French toast sticks & milk L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk PM: Goldfish crackers & raisins</p>	<p style="font-size: 1.5em; color: #800000;">30</p> <p>AM: Cereal bar & fresh fruit L: Turkey and cheese sandwiches on whole wheat, carrot, fresh fruit & milk PM: Organic animal crackers & milk</p>	<p style="font-size: 1.5em; color: #800000;">31</p> <p>AM: Cereal & milk L: Chicken corn dog, green beans, fresh fruit & milk PM: String sticks & Club crackers</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="text-align: center; margin: 0;">Feb 2019</p> <table style="width: 100%; border-collapse: collapse; font-size: 0.8em;"> <tr> <td style="border: 1px solid black;">M</td> <td style="border: 1px solid black;">T</td> <td style="border: 1px solid black;">W</td> <td style="border: 1px solid black;">T</td> <td style="border: 1px solid black;">F</td> <td style="border: 1px solid black;">S</td> <td style="border: 1px solid black;">S</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> </tr> <tr> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> </tr> <tr> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> <td style="text-align: center;">22</td> <td style="text-align: center;">23</td> </tr> <tr> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> <td></td> <td></td> </tr> </table> </div>	M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28									
M	T	W	T	F	S	S																																															
					1	2																																															
3	4	5	6	7	8	9																																															
10	11	12	13	14	15	16																																															
17	18	19	20	21	22	23																																															
24	25	26	27	28																																																	

NOTE: All milk is 1% BREAKFAST is always cereal, fresh fruit and milk and is over at 7:30