

Monday	Tuesday	Wednesday	Thursday	Friday
1 AM: Cereal & milk L: Chicken corn dogs, mixed veggies, fresh fruit & milk PM: Cheese sticks & Club crackers	AM: Lowfat yogurt & organic animal crackers L: Roasted chicken, mashed potatoes w/ gravy, broccoli & milk PM: Snack mix & fresh fruit	3 AM: Fresh fruit & Graham crackers L: Fish sticks, rice pilaf, green beans & milk PM: String cheese & pretzels	4 AM: Toasted bagels and fresh fruit L: Vegetarian bean and cheese burritos, fresh fruit & milk PM: Fresh fruit & organic animal crackers	5 AM: Lowfat yogurt and fresh fruit L: Wow Butter & jelly sandwiches on whole wheat, goldfish, fresh fruit & milk PM: Cheese sticks & Club crackers
8 AM: Fresh fruit & organic animal crackers L: Pasta with butter and Parmesan cheese, green beans, fresh fruit & milk PM: Snack mix & fresh fruit	9 AM: Graham crackers & milk L: Turkey sliders on a bun, fresh fruit, carrot sticks & milk PM: Goldfish crackers & raisins	10 AM: Cereal & milk L: Cheese pizza, green beans, oranges & milk PM: Fresh fruit & Cheez-Its	AM: Quaker cereal bar & fresh fruit L: Roasted chicken strips with BBQ dipping sauce, mashed potatoes, mixed veggies & milk PM: Cheese sticks & Club crackers	AM: Toasted bagel & milk L: Pasta with marinara sauce, mixed veggies & milk PM: Fresh fruit & graham crackers
AM: Lowfat yogurt & organic animal crackers L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh fruit & Club crackers	16 AM: Fresh fruit & cereal bars L: Cheesy scrambled eggs, tater tots, fresh fruit & milk PM: Snack mix & fresh fruit	17 AM: Fresh fruit & animal crackers L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk PM: Cheese sticks & Club crackers	18 AM: French toast sticks and fresh fruit L: Turkey Sloppy Joes, fresh fruit, green beans & milk PM: Pretzels & raisins	19 AM: Whole wheat toast & milk L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk PM: Fresh fruit & organic animal crackers
AM: Fresh fruit & graham crackers L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Cheese slices & crackers	23 AM: Fresh fruit & Graham crackers L: Turkey meatloaf, mashed potatoes, mixed veggies & milk PM: Goldfish crackers & raisins	24 AM: Toasted English muffin& milk L: Chicken noodle soup, crackers, fresh fruit & milk PM: Snack mix & fresh fruit	25 AM: Fresh fruit & organic animal crackers L: Turkey hot dog, French fries, fresh fruit & milk PM: String cheese & Ritz crackers	26 AM: Cereal & milk L: Vegetarian bean and cheese burritos, fresh fruit & milk PM: Fresh fruit & Graham crackers
AM: Lowfat yogurt & organic animal crackers L: Turkey and cheese slices with crackers, fresh fruit & milk PM: Pretzels & fresh fruit	AM: Cinnamon toast and milk L: Pasta with marinara sauce, green beans, fresh fruit and milk PM: Chili beans and pita			

Note: Breakfast is always cold cereal, milk and fresh fruit and is served from 6:00 am - 7:00 am