

# May 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																			
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center; margin: 0;">Apr 2019</p> <table border="1" style="width: 100%; border-collapse: collapse; font-size: 8px;"> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; margin: 0;">Jun 2019</p> <table border="1" style="width: 100%; border-collapse: collapse; font-size: 8px;"> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table> </div>	M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						M	T	W	T	F	S	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	<p style="font-size: 2em; color: #800000; margin: 0;"><b>1</b></p> <p style="margin: 5px 0;">AM: Lowfat yogurt &amp; fresh fruit</p> <p style="margin: 5px 0;">L: Wow butter and jelly on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Sliced cheese &amp; crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>2</b></p> <p style="margin: 5px 0;">AM: Graham crackers &amp; milk</p> <p style="margin: 5px 0;">L: Pasta w/ butter and parmesan, green beans &amp; milk</p> <p style="margin: 5px 0;">PM: Snack mix &amp; fresh fruit</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>3</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; organic animal crackers</p> <p style="margin: 5px 0;">L: Turkey sliders on a bun, green beans, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Goldfish crackers &amp; raisins</p>
M	T	W	T	F	S	S																																																																																	
1	2	3	4	5	6	7																																																																																	
8	9	10	11	12	13	14																																																																																	
15	16	17	18	19	20	21																																																																																	
22	23	24	25	26	27	28																																																																																	
29	30																																																																																						
M	T	W	T	F	S	S																																																																																	
					1	2																																																																																	
3	4	5	6	7	8	9																																																																																	
10	11	12	13	14	15	16																																																																																	
17	18	19	20	21	22	23																																																																																	
24	25	26	27	28	29	30																																																																																	
<p style="font-size: 2em; color: #800000; margin: 0;"><b>6</b></p> <p style="margin: 5px 0;">AM: Cereal &amp; milk</p> <p style="margin: 5px 0;">L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Pretzles &amp; raisins</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>7</b></p> <p style="margin: 5px 0;">AM: Toasted bagel&amp; fresh fruit</p> <p style="margin: 5px 0;">L: Roasted chicken strips w/ BBQ dipping sauce, mashed potatoes, peas &amp; milk</p> <p style="margin: 5px 0;">PM: String cheese &amp; Ritz crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>8</b></p> <p style="margin: 5px 0;">COOK'S CHOICE</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>9</b></p> <p style="margin: 5px 0;">AM: Cereal bar &amp; milk</p> <p style="margin: 5px 0;">L: Pasta w/ marinara sauce, mixed veggies &amp; milk</p> <p style="margin: 5px 0;">PM: Fresh fruit &amp; graham crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>10</b></p> <p style="margin: 5px 0;">AM: Muffins &amp; lowfat yogurt</p> <p style="margin: 5px 0;">L: Grilled cheese on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Fresh fruit &amp; Club crackers</p>																																																																																			
<p style="font-size: 2em; color: #800000; margin: 0;"><b>13</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; graham crackers</p> <p style="margin: 5px 0;">L: Cheesy scrambled eggs, tator tots, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Snack mix &amp; fresh fruit</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>14</b></p> <p style="margin: 5px 0;">AM: Whole wheat toast &amp; milk</p> <p style="margin: 5px 0;">L: Turkey and cheese sandwiches on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Fresh fruit &amp; organic animal crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>15</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; French toast sticks</p> <p style="margin: 5px 0;">L: Turkey Sloppy Joes, fresh fruit, green beans &amp; milk</p> <p style="margin: 5px 0;">PM: String sticks &amp; Club crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>16</b></p> <p style="margin: 5px 0;">AM: Cereal &amp; milk</p> <p style="margin: 5px 0;">L: Cheese quesadilla, vegetarian refried beans, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Pretzles &amp; raisins</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>17</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; graham crackers</p> <p style="margin: 5px 0;">L: Pasta Alfredo, mixed veggies, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Sliced cheese &amp; crackers</p>																																																																																			
<p style="font-size: 2em; color: #800000; margin: 0;"><b>20</b></p> <p style="margin: 5px 0;">AM: Cereal bar &amp; milk</p> <p style="margin: 5px 0;">L: Fish sticks, rice pilaf, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Goldfish crackers &amp; raisins</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>21</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; French toast sticks</p> <p style="margin: 5px 0;">L: Cheese quesadilla, vegetarian refried beans, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: String cheese &amp; Ritz crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>22</b></p> <p style="margin: 5px 0;">AM: Cereal &amp; milk</p> <p style="margin: 5px 0;">L: Turkey hot dog, tater tots, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Snack mix &amp; fresh fruit</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>23</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; graham crackers</p> <p style="margin: 5px 0;">L: Turkey and cheese slices with crackers, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Pretzles &amp; fresh fruit</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>24</b></p> <p style="margin: 5px 0;">AM: Lowfat yogurt &amp; animal crackers</p> <p style="margin: 5px 0;">L: Vegetarian bean and cheese burrito, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Fresh fruit &amp; graham crackers</p>																																																																																			
<p style="font-size: 2em; color: #800000; margin: 0;"><b>27</b></p> <p style="margin: 5px 0;">HOLIDAY</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>28</b></p> <p style="margin: 5px 0;">AM: Fresh fruit &amp; organic animal crackers</p> <p style="margin: 5px 0;">L: Turkey sliders on a bun, green beans, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Goldfish crackers &amp; fresh fruit</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>29</b></p> <p style="margin: 5px 0;">AM: Toasted bagel&amp; fresh fruit</p> <p style="margin: 5px 0;">L: Wow butter and jelly on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Fresh fruit &amp; graham crackers</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>30</b></p> <p style="margin: 5px 0;">COOK'S CHOICE</p>	<p style="font-size: 2em; color: #800000; margin: 0;"><b>31</b></p> <p style="margin: 5px 0;">AM: Cereal bar &amp; milk</p> <p style="margin: 5px 0;">L: Grilled cheese on whole wheat, carrot sticks, fresh fruit &amp; milk</p> <p style="margin: 5px 0;">PM: Pretzles &amp; raisins</p>																																																																																			

NOTE: All milk is 1% Breakfast is always fresh fruit, cold cereal and milk and is over at 7:30 a.m.