




May 2019 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Lowfat yogurt and fresh fruit L: Wow Butter & jelly sandwiches on whole wheat, veggie sticks, fresh fruit & milk PM: Cheese slices & crackers	2 AM: Fresh fruit & organic animal crackers L: Chicken nuggets, carrot sticks & milk PM: Fresh fruit & Goldfish crackers	3 AM: Nutrigrain cereal bar & milk L: Fish sticks, rice, fresh fruit & milk PM: Pretzels & raisins
6 AM: Cereal & milk L: Chicken corn dogs, mixed veggies, fresh fruit & milk PM: Cheese sticks & Club crackers	7 AM: Toasted English muffin & milk L: Vegetarian bean and cheese burritos, fresh fruit & milk PM: Fresh fruit & organic animal crackers	8 AM: Fresh fruit & Graham crackers L: Macaroni and Cheese, green peas & milk PM: Apple slices & crackers	9 AM: Fresh fruit & organic animal crackers L: Turkey and cheese sliders on a bun, fresh fruit, mixed veggies & milk PM: Goldfish and raisins	10 AM: Blueberry muffins and milk L: Pasta with marinara sauce, mixed veggies & milk PM: Fresh fruit & graham crackers
13 AM: Toasted bagels and fresh fruit L: Cheese pizza, green beans, fresh fruit & milk PM: Fresh fruit & Goldfish crackers	14 AM: Quaker cereal bar & fresh fruit L: Turkey and cheese sandwiches on whole wheat, goldfish crackers, fresh fruit & milk PM: Organic animal crackers & milk	15 AM: Graham crackers & milk L: Pasta with butter and Parmesan cheese, green beans, fresh fruit & milk PM: Snack mix & fresh fruit	16 AM: French toast sticks & milk L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk PM: Goldfish crackers & raisins	17 AM: Lowfat yogurt & organic animal crackers L: Roasted chicken strips with BBQ dipping sauce, mashed potatoes, mixed veggies & milk PM: String cheese & Ritz crackers
20 AM: Cereal & milk L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh fruit & Club	21 AM: Lowfat yogurt & organic animal crackers L: Roasted chicken, mashed potatoes w/ gravy, green beans & milk PM: Snack mix & fresh fruit	22 AM: Pancakes and blueberries L: Pasta with marinara sauce, green beans & milk PM: Carrot sticks and ranch	23 AM: Toasted bagels and fresh fruit L: Turkey meatloaf, mashed potatoes, mixed veggies & milk PM: Fresh fruit & graham crackers	24 AM: Fresh fruit & Graham crackers L: Cheesy scrambled eggs, tater tots, fresh fruit & milk PM: Snack mix & fresh fruit
27 School closed for Memorial Day 	28 AM: Waffles and bananas L: Chicken nuggets, corn & milk PM: Celery sticks and ranch	29 AM: Graham crackers and fresh fruit L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Goldfish and fresh fruit	30 AM: Nutrigrain cereal bar & fresh fruit L: Turkey hot dog, french fries, fresh fruit & milk PM: String cheese & pretzels	31 AM: Cereal & milk L: Cheese Tortellini, mixed veggies & milk PM: Cheese sticks & Club crackers

Note: Breakfast is always cold cereal, milk and fresh fruit and is served from 6 – 7 am