

September 2019

2 Happy Labor Day! School Closed	3 AM: Granola Bars with Milk L: Spaghetti with Marinara Sauce, Mixed Vegetables, Milk PM: Celery with Wow Butter	4 AM: Bagels with Cream Cheese L: Turkey Ham and Cheese Sliders, Apple Slices, Milk PM: Pretzels with Fresh Fruit	5 AM: Cheerios with Raisins L: Teriyaki Chicken, Steamed Rice, Pineapple Chunks, Milk PM: Cheese-Itz with Oranges	6 AM: Pancakes with Milk L: Hot Dogs on a Bun, Baked Fries, Fresh Fruit, Milk PM: String Cheese & Crackers
9 AM: French Toast Sticks with Milk L: Bean Wienies, Rolls, Fresh Fruit, Milk PM: Wheat Thins with Fresh Fruit	10 AM: English Muffin w/ Fresh Fruit L: Bean and Cheese Burrito, Rice, Fruit, Milk PM: Goldfish and Fresh Fruit	11 AM: Waffles with Fruit L: Sloppy Joes, French Fries, Green Beans, Milk PM: Club House Crackers with Fresh Fruit	12 AM: Bel Vita Crackers and Milk L: Chicken Pasta, Mixed Vegetables, Milk PM: Trail Mix with Fresh Fruit	13 AM: Yogurt with Graham Crackers L: Cheese Pizza, Green Salad with Croutons, Milk PM: Crackers with Fresh Fruit
16 AM: Fruit Bars (Barritas) with Milk L: Chicken Pozole, Lettuce, Corn Chips, Fresh Fruit, Milk PM: Cucumbers with ranch & Crackers	17 AM: Bagels with Cream Cheese L: Quesadillas, Beans, Fresh Fruit, Milk PM: Crackers with Fresh Fruit	18 AM: Cereal with Bananas L: Pasta Alfredo, with Broccoli, Fresh Fruit, Milk PM: Trail Mix with Fruit	19 AM: Pancakes & Milk L: Chicken Nuggets, Mashed Potatoes, Mixed Vegetables, Milk PM: Raisins and Cheese Itz	20 Cook's Choice 
23 AM: English Muffins with Oranges L: Macaroni and Cheese, Green Beans, Milk PM: Saltine Crackers with Cheese	24 AM: Graham Crackers and Yogurt L: Grilled Cheese Sandwich, Fresh Fruit, Milk PM: Carrot Sticks and Ritz Crackers	25 AM: Bagels with Cream Cheese L: Turkey Sloppy Joes, Peas and Carrots, Milk PM: Gold Fish with Fresh Fruit	26 AM: Waffles and Milk L: Beanies Wienies, Roll, Fresh Fruit, Milk PM: Apple Sauce with Crackers	27 AM: Apple turnovers with Milk L: Corn Dogs, Mixed Vegetables, Fresh Fruit, Milk PM: Trail Mix and Fresh Fruit
30 AM: Nutri Grain Bars with Milk L: Turkey Ham & Cheese Sandwich, Fresh Fruit, Milk PM: String Cheese with Club House Crackers				Note: Breakfast is always Cereal, Milk, Fresh Fruit and it is served from 6:00AM-7:30AM