



September 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<p>2</p> <p>** Closed ** Enjoy your holiday</p>	<p>3</p> <p>AM: Toasted bagel & fresh fruit</p> <p>L: Chicken strips with BBQ dipping sauce, mashed potatoes, peas & milk</p> <p>PM: String cheese & Ritz crackers</p>	<p>4</p> <p>AM: Whole wheat toast & milk</p> <p>L: Turkey & cheese sandwiches on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p>5</p> <p>AM: Organic animal crackers & milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies & milk</p> <p>PM: Fresh fruit & Graham crackers</p>	<p>6</p> <p>AM: Lowfat yogurt & fresh fruit</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Snack Mix & raisins</p>																																																																																																		
<p>9</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Cheesy scrambled eggs, tator tots, fresh fruit & milk</p> <p>PM: Pretzles & fresh fruit</p>	<p>10</p> <p style="text-align: center;">Cook's Choice</p>  <p>AM: French toast sticks & fresh fruit</p> <p>L: Turkey Sloppy Joes, fresh fruit, green beans & milk</p> <p>PM: String cheese & Club crackers</p>	<p>11</p> <p>AM: French toast sticks & fresh fruit</p> <p>L: Turkey Sloppy Joes, fresh fruit, green beans & milk</p> <p>PM: String cheese & Club crackers</p>	<p>12</p> <p>AM: Cereal bar & milk</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Snack Mix & raisins</p>	<p>13</p> <p>AM: Lowfat yogurt & Graham crackers</p> <p>L: Cheese quesadilla, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Sliced cheese & crackers</p>																																																																																																		
<p>16</p> <p>AM: Fresh fruit & Graham crackers</p> <p>L: Fish sticks, rice pilaf, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p>17</p> <p>AM: Toasted English muffin & WOW Butter</p> <p>L: Chicken noodle soup, crackers, sliced cheese, fresh fruit & milk</p> <p>PM: Snack Mix & fresh fruit</p>	<p>18</p> <p>AM: Organic animal crackers & fresh fruit</p> <p>L: Turkey hot dog, tater tots, fresh fruit & milk</p> <p>PM: String cheese & Ritz crackers</p>	<p>19</p> <p>AM: Cereal & milk</p> <p>L: Turkey and cheese slices with crackers, fresh fruit & milk</p> <p>PM: Fresh fruit & Graham crackers</p>	<p>20</p> <p>AM: Lowfat yogurt & organic animal crackers</p> <p>L: Vegetarian bean and cheese burrito, fresh fruit & milk</p> <p>PM: Pretzles & fresh fruit</p>																																																																																																		
<p>23</p> <p>AM: Cereal & milk</p> <p>L: Cheese Tortellini, mixed veggies & milk</p> <p>PM: String cheese & Club crackers</p>	<p>24</p> <p>AM: Toasted bagel & fresh fruit</p> <p>L: Turkey sliders on a bun, green beans, fresh fruit & milk</p> <p>PM: Fresh fruit & Graham crackers</p>	<p>25</p> <p>AM: Organic animal crackers & fresh fruit</p> <p>L: Wow-Butter & jelly sandwiches on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Goldfish crackers & fresh fruit</p>	<p>26</p> <p style="text-align: center;">Cook's Choice</p> 	<p>27</p> <p>AM: Cereal bar & milk</p> <p>L: Grilled cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Pretzles & raisins</p>																																																																																																		
<p>30</p> <p>AM: Cereal bar & fresh fruit</p> <p>L: Macaroni and cheese, green peas & milk</p> <p>PM: Apple slices & WOW butter</p>	<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7">Aug 2019</th> <th colspan="7">Oct 2019</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </tbody> </table>				Aug 2019							Oct 2019							M	T	W	T	F	S	S	M	T	W	T	F	S	S				1	2	3	4		1	2	3	4	5	6	5	6	7	8	9	10	11	7	8	9	10	11	12	13	12	13	14	15	16	17	18	14	15	16	17	18	19	20	19	20	21	22	23	24	25	21	22	23	24	25	26	27	26	27	28	29	30	31		28	29	30	31			
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Breakfast is cold cereal, fresh fruit and milk daily. Note: Breakfast ends at 7:30 a.m.