

December 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Cereal & milk L: Cheese tortellini with marinara sauce, mixed veggies & milk PM: Goldfish crackers & fresh fruit	3 AM: Wheat toast with jelly & fresh fruit L: Turkey slider on a bun, green beans, fresh fruit & milk PM: String cheese & club crackers	4 AM: Organic animal crackers & fresh fruit L: Wow butter & jelly sandwiches, carrots sticks, fresh fruit & milk PM: Graham crackers & fresh fruit	5 AM: Toasted bagel & milk L: Pasta alfredo with marinara sauce, mixed veggie & milk PM: Snack mix & fresh fruit	6 AM: Cereal bar & fresh fruit L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Pretzels & raisins
9 AM: Cereal bar & fresh fruit L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Apple slices & Wow butter	10 AM: French toast sticks & milk L: Mac 'N Cheese, mixed veggies, fresh fruit & milk PM: Goldfish crackers & raisins	11 AM: Graham crackers & milk L: Chicken corn dogs, green beans, fresh fruit & milk PM: Snack mix & fresh fruit	12 AM: Cereal & milk L: Turkey & cheese sandwiches on whole wheat, carrots, fresh fruit & milk PM: Graham crackers & fresh fruit	13 AM: Organic animal crackers & yogurt L: Roasted chicken, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
16 AM: Whole wheat toast & milk L: Chicken noodle soup, crackers, fresh fruit & milk PM: String cheese & pretzels	17 AM: Low-fat yogurt & fresh fruit L: Wow butter & jelly sandwiches, carrots sticks, fresh fruit & milk PM: Organic animal crackers & fresh fruit	18 AM: Cereal bar & fresh fruit L: Pasta w/ butter & parmesan, mixed veggies, fresh fruit & milk PM: Sliced cheese & crackers	19 AM: Graham Crackers & milk L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Snack mix & fresh fruit	20 AM: Organic animal crackers & fresh fruit L: Turkey slider on a bun, green beans, fresh fruit & milk PM: Fresh fruit & snack mix
23 AM: Graham crackers & fresh fruit L: Cheesy scrambled eggs, tator tots, fresh fruit & milk PM: Sliced cheese & crackers	24 AM: Toasted bagel & milk L: Cheese pizza, carrot sticks, fresh fruit, & milk CLOSED AT NOON	25 CLOSED FOR CHRISTMAS 	26 COOKS CHOICE 	27 AM: Low-fat yogurt & fresh Fruit L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Goldfish crackers & fresh fruit
30 AM: Cereal & Milk L: Turkey hotdog, tator tots, fresh fruit & milk PM: Pretzels & fresh fruit	31 AM: Cereal Bar & milk L: Turkey & cheese sandwiches on whole wheat, carrots, fresh fruit & milk CLOSED AT NOON	1 CLOSED FOR NEW YEARS 		

Breakfast is over at 7:30 and is always fresh fruit, cold cereal, and milk.