


January 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>CLOSED FOR NEW YEARS</p> 	<p>2</p> <p>AM: Cereal & milk</p> <p>L: Chicken corn dogs, green beans, fresh fruit & milk</p> <p>PM: Graham crackers & fresh fruit</p>	<p>3</p> <p>AM: Low-fat yogurt & organic animal crackers</p> <p>L: Roasted chicken w/ BBQ dipping sauce, mashed potatoes, mixed veggies & milk</p> <p>PM: String cheese & club crackers</p>
<p>6</p> <p>AM: Low-fat yogurt & organic animal crackers</p> <p>L: Fish sticks, rice pilaf, carrots & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p>7</p> <p>AM: Cereal & milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies & milk</p> <p>PM: Fresh fruit & animal crackers</p>	<p>8</p> <p>AM: Cereal bar & fresh fruit</p> <p>L: Turkey hot dog, tator tots, fresh fruit & milk</p> <p>PM: String cheese & club crackers</p>	<p>9</p> <p>AM: Graham crackers & milk</p> <p>L: Vegetarian bean & cheese burrito, fresh fruit & milk</p> <p>PM: Fresh fruit & snack mix</p>	<p>10</p> <p>AM: Fresh fruit & organic animal crackers</p> <p>L: Turkey & cheese slices, crackers, fresh fruit & milk</p> <p>PM: Graham crackers & fresh fruit</p>
<p>13</p> <p>AM: Graham crackers & milk</p> <p>L: Cheesy scrambled eggs, tator tots, fresh fruit & milk</p> <p>PM: Wow butter & apples</p>	<p>14</p> <p>AM: Animal Crackers & Fresh Fruit</p> <p>L: Turkey & cheese sandwiches on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Snack mix & raisins</p>	<p>15</p> <p>AM: French toast sticks & milk</p> <p>L: Turkey "Sloppy Joes", mixed veggies, fresh fruit & milk</p> <p>PM: String cheese & club crackers</p>	<p>16</p> <p>AM: Cereal bar & fresh fruit</p> <p>L: Pasta alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Pretzels & raisins</p>	<p>17</p> <p>AM: Low-fat yogurt & graham crackers</p> <p>L: Cheese quesadillas, vegetarian beans, fresh fruit, & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>
<p>20</p> <p>AM: Whole wheat toast & milk</p> <p>L: Turkey hot dog, tator tots, fresh fruit, & milk</p> <p>PM: String cheese & pretzels</p>	<p>21</p> <p>AM: Low-fat yogurt & fresh fruit</p> <p>L: WOW butter & jelly sandwiches, fresh fruit, carrot sticks & milk</p> <p>PM: Fresh fruit & organic animal crackers</p>	<p>22</p> <p>AM: Cereal Bar & fresh fruit</p> <p>L: Pasta w/ butter & parmesan, mixed veggies, fresh fruit & milk</p> <p>PM: Slices cheese & crackers</p>	<p>23</p> <p>AM: Graham crackers & milk</p> <p>L: Chicken noodle soup, cheese & crackers, fresh fruit & milk</p> <p>PM: Snack mix & raisins</p>	<p>24</p> <p>AM: Fresh fruit & organic animal crackers</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>
<p>27</p> <p>AM: Cereal & milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Pretzels & fresh fruit</p>	<p>28</p> <p>AM: Graham crackers & milk</p> <p>L: Vegetarian bean & cheese burrito, fresh fruit & milk</p> <p>PM: Goldfish crackers & raisins</p>	<p>29</p> <p>AM: Toasted bagel & fresh fruit</p> <p>L: Roasted chicken w/ BBQ dipping sauce, mashed potatoes, peas & milk</p> <p>PM: Graham crackers & fresh fruit</p>	<p>30</p> <p>AM: Organic animal crackers & milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies & milk</p> <p>PM: String cheese & club crackers</p>	<p>31</p> <p>AM: Low-fat yogurt & fresh fruit</p> <p>L: Grilled Cheese on whole wheat, carrots, fresh fruit & milk</p> <p>PM: Fresh fruit & snack mix</p>

Breakfast is over at 7:30 and is always fresh fruit, cold cereal, and milk.