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Heather Harris, Director

# October 2020



**Social Development:** Nocturnal, Animals, and Real vs. Make Believe  
**Writing Skills:** Letters: Nn, & Cc Numbers: 3 & 4 Shapes: Crescent Colors: Black  
**Science:** Creepy Crawlers & Nocturnal Animals  
**Social Studies:** Animal Life at Night, Safety, Real vs. Pretend, Halloween  
**Seasonal:** Halloween & Fall Apples

**Sadly, due to COVID, our annual Halloween carnival is canceled this year. This year we would like to invite your children to wear their costumes to school on Friday, October 30<sup>th</sup>. We will have many Fall and Halloween related activities, crafts, games, and more during the week of Halloween. We will have prizes, candy goodie bags (which will be consumed at home), and spooky snacks. We will take pictures to post on our Facebook page 😊**



We will have prizes and candy for the children during our Halloween fun. If you would like to donate a bag of candy it would be greatly appreciated! Donations would need to be dropped off by Monday, October 19<sup>th</sup> in order to give us time to make the goodie bags. Thank you!!



## Happy Boo-Day!!

Enzo M. Athena G. Ava P.  
Everett L. Aiden K. Matias D.  
Joshua A. Sarah S.



## Wee Care Parent Reminders:

- Please remember that tuition is due *regardless of attendance*. This means that you pay the same amount every week or month even if you choose to keep your child home for any reason. Vacation credit is available after one year of enrollment.
- We would appreciate hearing from you if you are keeping your child home from school. This helps us keep track of any illnesses that might be going around and also with meal preparations.

**Thank you!**



Dear Families,

Good news! This month's Scholastic Reading Club flyers are online and ready for you to explore with your child. Children read more when they choose their own books, so I encourage you to look at the flyers together. Each flyer is filled with grade-specific, affordable titles and Storia® eBooks. Place your order online at [scholastic.com/readingclub](http://scholastic.com/readingclub) and have them shipped to your house. Please use our Class Activation Code as this is helping us build up points to buy books for the school!!

**Shop Online:** [scholastic.com/readingclub](http://scholastic.com/readingclub)

**One-Time Class Activation Code: NM8JM**



# Go Away Monster!

(c) By Christa J Koch  
[www.preschooleducation.com](http://www.preschooleducation.com)

If your preschooler happens to see a monster in a book or on TV, they may assume they are real, and he may be scared. Reassure him/her that monsters are not real. Monsters can't hurt them. Even with your reassurance it may take a while for your words to sink in. It is not that your preschooler does not believe you, it is just that their fear can be greater than your words.

If a fear of monsters is causing a problem at nighttime, you may need to take special steps to reassure your preschooler that there are no monsters in their room. Holding your child's hand and walk them through their room while it is well lit is a good start. Together, check for monsters. Be sure to check under the bed, in all the closets, in all the drawers, and behind the curtains. Check your child's room for shadows. Make sure that a nightlight, streetlights, moon etc.... do not cast any ghastly shadows in your preschoolers' room.

There are some other techniques you can try to help reassure your preschooler that there are no monsters in their room. Not all techniques will work for all children. The life of a preschooler can be a very magical place. "I believe it will happen, therefore it will." These techniques may seem silly to you, but you no longer live in that magical land of the preschoolers. So, give each technique the benefit of the doubt.

1. **Monster Trap:** Offer your child some simple household materials. (Paper tube, strawberry basket, pipe cleaner, paper, juice bottle lids, glue, crayons, etc....) Allow them to make their own monster trap. Several can be made if it makes your preschooler more comfortable. When they are complete place them just outside your child's bedroom door.
2. **No More Monster Spray:** Buy a can of some great smelling room freshener and make a new label for the can. A picture of a monster with an X through it will work fine. Offer to use the "No More Monster" spray in your preschooler's room before it is time to sleep. This spray sure does repel those scary monsters.
3. **No Monsters Allowed:** Get out some basic craft supplies and let your preschooler make a "No Monsters Allowed" sign for their bedroom door. This will tell those monsters to turn back and find another room to live in.
4. **No Monster Button:** Make a "No Monster Button" on a piece of plain paper. Make it around the size of a light switch. Tape it to your preschooler's wall. At night before you turn off the light tell your preschooler not to worry that you are pressing the special "No Monsters Button".
5. **Flashlight:** Give your preschooler the power of light. Buy a small plastic flashlight. The kind that when you let go of the button the light goes out. This may help older preschoolers settle their own feelings about monsters. If he can shine a light on that shadow that is scaring him, he might start to realize it is just a shadow.

**But isn't this being dishonest to my child?** The "honest approach" can make the problem worse. Your preschooler's imagination can take over all reasonable thought. Attempting to explain and examine your preschooler's feelings might only lead to more confusion and fear. The simplest approach is more often the better route to go. When using any of the above techniques the key is your ability to pull it off. If you think offering your child a monster spray is ridiculous, you will probably not be able to convince your child that it will work.

Remember to treat your child's fears with all seriousness. Telling your child "Don't be silly, Monsters are not real" will only cause hurt feelings, and a blow at your child's self-esteem. For more information about children's fear visit the article [I am Scared!](#)

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### **Winning Discipline Strategy**

Giving attention for acceptable behavior is one of the most frequently overlooked forms of positive discipline. When children get reinforced for the things they do right, they are bound to repeat the behavior, because children need and crave adult attention. The idea is to catch them doing something good!