



October 2020



<p>Note: Breakfast is always Cereal, Milk, Fresh Fruit and it is served from 6:00AM-7:30AM</p>	<p>f</p>		<p>1 AM: Arroz con Leche, Toast L: Bean and Cheese Burrito, Carrot Sticks, Milk PM: Crackers with Oranges</p>	<p>2 AM: Corn Bread Muffins with Milk L: Chicken Pasta, Peas & Carrots, Fresh Fruit, Milk PM: Apples with Wheat Thin Crackers</p>
<p>5 AM: Pancakes & Milk L: Turkey Ham and Cheese Sliders, Fresh Fruit, Milk PM: Trail Mix and Fresh Fruit</p>	<p>6 AM: Apple Sauce with Crackers L: Chicken Pozole, Lettuce, Chips, Fresh Fruit, Milk PM: String Cheese with Crackers</p>	<p>7 AM: Yogurt with Fresh Fruit L: Teriyaki Chicken, Steamed Rice, Green Beans, Milk PM: Club House Crackers with Fruit</p>	<p>8 AM: Granola Bars with Milk L: Pasta with Marinara Sauce, Mixed Vegetables, Milk PM: Celery with Ranch & Crackers</p>	<p>9 Cook's Choice </p>
<p>12 AM: Corn Bread Muffins and Fresh Fruit L: Wow Butter & Jelly Sandwich, Fresh Fruit, Milk PM: Wheat Thins with Fresh Fruit</p>	<p>13 AM: Bagels with Cream Cheese L: Bean and Cheese Burrito, Carrot Sticks, Milk PM: Cucumbers with Ranch with Crackers</p>	<p>14 AM: English Muffin with Milk L: Macaroni and Cheese, Green Beans, Milk PM: Apple Sauce with Crackers</p>	<p>15 AM: Oatmeal with Peaches L: Beanie Wienies, Rolls, Apples, Milk PM: Cheese & Ritz Crackers</p>	<p>16 AM: Pancakes with Fruit L: Hot Dogs on a Bun, Baked Fries, Fresh Fruit, Milk PM: Apples with Crackers</p>
<p>19 AM: Granola Bars with Milk L: Quesadilla, Beans, Rice, Oranges, Milk PM: Trail Mix with Fresh Fruit</p>	<p>20 AM: Animal Crackers with Fruit L: Turkey and Cheese Sandwich, Fresh Fruit, Milk PM: Goldfish with Raisins</p>	<p>21 AM: Graham Crackers and Yogurt L: Chicken Pozole, Lettuce, Chips, Fresh Fruit, Milk PM: Crackers with Fresh Fruit</p>	<p>22 AM: English Muffin with Fresh Fruit L: Sloppy Joes, Green Beans, Fresh Fruit, Milk PM: Celery Sticks and Cucumbers with Ranch & Crackers</p>	<p>23 AM: Cereal with Milk L: Chicken Alfredo, Broccoli, Fresh Fruit, Milk PM: String Cheese with Crackers</p>
<p>26 AM: Nutri Grain Bars with Milk L: Grilled Cheese Sandwich, Apple Slices, Milk PM: Apple Sauce with Crackers</p>	<p>27 Cook's Choice </p>	<p>28 AM: Oranges with Crackers L: BBQ Chicken, Mashed Potatoes, Peas and Carrots, Milk PM: Cheese and Ritz Crackers</p>	<p>29 AM: Waffles with Milk L: Cheese Pizza, Green Salad, Milk PM: Crackers with Fresh Fruit</p>	<p>30 AM: Bagels with Cream Cheese L: Spaghetti with Hot Dogs, Mixed Vegetables, Milk PM: String Cheese and Clementines</p>