

January 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Closed for New Year's
4 AM: Cereal bar & Fresh fruit L: Grilled Cheese on Whole wheat, carrots, fresh fruit & milk PM: Apple slices & Wow butter	5 AM: French Toast & milk L: Mac 'N Cheese, mixed veggies, fresh fruit & milk PM: goldfish crackers & raisins Infants: Goldfish & Fruit	6 AM: Graham Crackers & milk L: Chicken corn dogs, green beans, fresh fruit & milk PM: Fresh fruit & snack mix Infants: Fruit & Crackers	7 AM: Cereal & milk L: Turkey & Cheese sandwiches on whole wheat, carrots, fresh fruit & milk PM: Graham Crackers & fresh fruit	8 AM: Low-fat Yogurt & organic animal crackers L: Roasted chicken, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
11 AM: Whole wheat toast & milk L: Chicken Noodle Soup, fresh fruit, cheese and crackers & milk PM: Raisins & pretzels Infants: Fresh Fruit & Crackers	12 AM: Low-fat yogurt & fresh fruit L: Wow butter & Jelly sandwiches, fresh fruit, carrot sticks & milk PM: fresh Fruit & organic animal crackers	13 AM: Cereal bar & fresh fruit L: Pasta w/ butter & parmesan, mixed veggies, fresh fruit, & milk PM: Sliced cheese & crackers	14 AM: Graham Crackers & milk L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Fresh fruit & Goldfish	15 AM: Fresh Fruit & organic Animal Crackers L: Turkey slider on a bun, green beans, fresh fruit & milk PM: Fresh fruit & snack mix Infants: Fruit & Crackers
18 AM: Whole Wheat Toast & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Pretzels & fresh fruit Infants: Crackers & Fresh Fruit	19 AM: Cereal & milk L: Turkey & Cheese sandwiches on whole wheat, carrots, fresh fruit & milk PM: String cheese & crackers	20 AM: Toasted bagel & fresh fruit L: Roasted chicken w/ BBQ dipping sauce, mashed potatoes, peas & milk PM: Graham crackers & fresh fruit	21 AM: Organic animal crackers & milk L: Pasta marinara sauce, mixed veggies & milk PM: String cheese & Club crackers	22 AM: Low-fat Yogurt & fresh Fruit L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh fruit and snack mix Infants: Fresh Fruit & Crackers
25 AM: Graham crackers & fresh fruit L: Cheesy scrambled eggs, tater tots, fresh fruit & milk PM: Sliced cheese & crackers	26 AM: Fresh fruit & Organic Animal crackers L: Chicken tenders, mashed potatoes, peas & Milk PM: Snack mix & Raisins Infants: Crackers & Fruit	27 AM: Cinnamon Toast & fresh fruit L: Turkey "Sloppy joes", mixed veggies, fresh fruit & milk PM: String cheese & Club crackers	28 AM: Cereal Bar & milk L: Pasta Alfredo with marinara sauce, mixed veggies & milk PM: Pretzels & fresh fruit Infants: Crackers & Fresh Fruit	29 AM: Low-fat yogurt & graham crackers L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Fresh Fruit & organic animal cracker

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.