

# July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Waffles & Bananas  L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	2 AM: Cheerios & Milk  L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
5 <b>CLOSED</b> for Observation of Independence Day 	6 AM: Cereal Bars & Milk  L: Pasta w/ marinara sauce, mixed veggies & milk PM: Animal Crackers & Fresh Fruit	7 AM: Pancakes & Fresh Fruit  L: Grilled Chicken Taquitos, green beans, fresh fruit & milk PM: String Cheese & Club Crackers	8 AM: English Muffin w/ Jelly & Milk  L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Fresh Fruit & Snack Mix	9 AM: French Toast Sticks & Milk  L: Turkey & cheese slices, crackers, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
12 AM: Cinnamon Toast & Milk  L: Cheesy scrambled eggs, tator tots, fresh fruit & milk Pm: Pita Triangles & Hummus	13 AM: Low-Fat Yogurt & Graham Crackers  L: Cheese pizza, green beans, fresh fruit & milk PM: Snack Mix & Raisins	14 AM: Fig Bars & Milk  L: Turkey "Sloppy Joes", Mixed veggies, fresh fruit & milk PM: String Cheese & Club Crackers	15 AM: Waffles & Bananas  L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Pretzels & Craisins	16 AM: Cheerios & Milk  L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Animal Crackers & Fresh Fruit
19 AM: Toasted Bagel & Cream Cheese  L: Turkey hot dog, tater tots, fresh fruit, & milk PM: String Cheese & Pretzels	20 AM: Cereal Bars & Milk  L: Turkey Sliders, fresh fruit, carrot sticks & milk PM: Animal Crackers & Fresh Fruit	21 AM: Pancakes & Fresh Fruit  L: Pasta w/ butter & parmesan, mixed veggies, fresh fruit & milk PM: Crackers & Sliced Cheese	22 AM: English Muffin w/ Jelly & Milk  L: Chicken Taquitos, carrots, fresh fruit & milk PM: Snack Mix & Fresh Fruit	23 AM: French Toast Sticks & Milk  L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Goldfish Crackers & Raisins
26 AM: Cinnamon Toast & Milk  L: Cheese pizza, green beans, fresh fruit & milk PM: Pretzels & Fresh Fruit	27 AM: Low-Fat Yogurt & Graham Crackers  L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Goldfish Crackers & Fresh Fruit	28 AM: Fig Bars & Milk  L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk PM: Graham Crackers & Fresh Fruit	29 AM: Waffles & Bananas  L: Pasta w/ marinara sauce, mixed veggies & milk PM: Club Crackers & String Cheese	30 AM: Cheerios & Milk  L: Grilled Cheese on whole wheat, carrots, fresh fruit & milk PM: Fresh Fruit & Snack Mix

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.