

# February 2022 Menu

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
|  | <p>1 AM: Cinnamon Toast &amp; Milk</p> <p>L: Mac 'N Cheese, mixed veggies, fresh fruit &amp; milk</p> <p>PM: Goldfish Crackers &amp; Raisins</p>  | <p>2 AM: Cereal Bars &amp; Milk</p> <p>L: Chicken corn dogs, green beans, fresh fruit &amp; milk</p> <p>PM: Craisins &amp; Snack Mix</p>                         | <p>3 AM: Waffles &amp; Bananas</p> <p>L: Turkey &amp; Cheese slices, crackers, carrots, fresh fruit &amp; milk</p> <p>PM: Graham Crackers &amp; Fresh Fruit</p>        | <p>4 AM: Cheerios &amp; Milk</p> <p>L: Chicken Nuggets, mashed potatoes, mixed veggies &amp; milk</p> <p>PM: String Cheese &amp; Club Crackers</p>                     |
| <p>7 AM: Toasted Bagel &amp; Cream Cheese</p> <p>L: Fish sticks, rice, peas &amp; carrots, milk</p> <p>PM: Goldfish Crackers &amp; Craisins</p>      | <p>8 AM: Cereal Bars &amp; Milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>      | <p>9 AM: Pancakes &amp; Fresh Fruit</p> <p>L: Grilled Chicken Taquitos, green beans, fresh fruit &amp; milk</p> <p>PM: String Cheese &amp; Club Crackers</p>     | <p>10 AM: English Muffin w/ Jelly &amp; Milk</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Fresh Fruit &amp; Snack Mix</p> | <p>11 AM: French Toast Sticks &amp; Milk</p> <p>L: Turkey &amp; cheese slices, crackers, fresh fruit &amp; milk</p> <p>PM: Graham Crackers &amp; Fresh Fruit</p>       |
| <p>14 AM: Cinnamon Toast &amp; Milk</p> <p>L: Cheesy scrambled eggs, tator tots, fresh fruit &amp; milk</p> <p>Pm: Pita Triangles &amp; Hummus</p>   | <p>15 AM: Low-Fat Yogurt &amp; Graham Crackers</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Snack Mix &amp; Raisins</p> | <p>16 AM: Cereal Bars &amp; Milk</p> <p>L: Turkey "Sloppy Joes", Mixed veggies, fresh fruit &amp; milk</p> <p>PM: String Cheese &amp; Club Crackers</p>          | <p>17 AM: Waffles &amp; Bananas</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Craisins</p>                               | <p>18 AM: Cheerios &amp; Milk</p> <p>L: Vegetarian bean &amp; cheese burrito, fresh fruit &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>                  |
| <p>21 AM: Toasted Bagel &amp; Cream Cheese</p> <p>L: Turkey hot dog, tater tots, fresh fruit, &amp; milk</p> <p>PM: String Cheese &amp; Pretzels</p> | <p>22 AM: Cereal Bars &amp; Milk</p> <p>L: Turkey Sliders, fresh fruit, carrot sticks &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p> | <p>23 AM: Pancakes &amp; Fresh Fruit</p> <p>L: Pasta w/ butter &amp; parmesan, mixed veggies, fresh fruit &amp; milk</p> <p>PM: Crackers &amp; Sliced Cheese</p> | <p>24 AM: English Muffin w/ Jelly &amp; Milk</p> <p>L: Chicken Taquitos, carrots, fresh fruit &amp; milk</p> <p>PM: Snack Mix &amp; Fresh Fruit</p>                    | <p>25 AM: French Toast Sticks &amp; Milk</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Goldfish Crackers &amp; Raisins</p> |
| <p>28 AM: Cinnamon Toast &amp; Milk</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Fresh Fruit</p>            |   |  |  |  |

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.