

# JULY 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 AM: Cheerios &amp; Milk</p> <p>L: Chicken Nuggets, Mashed Potatoes, Mixed Veggies, &amp; Milk</p> <p>PM: String Cheese &amp; Club Crackers</p>
 <p><b>CLOSED</b> <b>4<sup>TH</sup></b> <b>JULY</b> IN OBSERVANCE OF <b>INDEPENDENCE DAY</b></p>	<p><b>5</b> AM: English Muffins, Jelly &amp; Milk</p> <p>L: Pasta w/marinara sauce, Mixed Veggies, &amp; Milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>	<p><b>6</b> AM: Pancakes &amp; Fresh Fruit</p> <p>L: Grilled Chicken Taquitos, Green Beans, Fresh Fruit &amp; milk</p> <p>PM: String cheese &amp; Club crackers</p>	<p><b>7</b> AM: Ceral Bars &amp; Milk</p> <p>L: Cheese Quesadilla, Vegetarian Refried beans, fresh fruit &amp; milk</p> <p>PM: Snack mix &amp; fresh fruit</p>	<p><b>8</b> AM: French Toast Sticks &amp; Milk</p> <p>L: Turkey &amp; cheese slices, crackers, fresh fruit &amp; milk</p> <p>PM: Graham crackers &amp; fresh fruit</p>
<p><b>11</b> AM: Cinnamon Toast &amp; Milk</p> <p>L: Cheesy scrambled eggs, tater tots, fresh fruit &amp; milk</p> <p>PM: Pita Triangles &amp; Hummus</p>	<p><b>12</b> AM: Low-fat Yogurt &amp; Graham Crackers</p> <p>L: Cheese Pizza, Green Beans, fresh fruit &amp; milk</p> <p>PM: Snack mix &amp; raisins</p>	<p><b>13</b> AM: Waffles &amp; Bananas</p> <p>L: Turkey “Sloppy Joes,”mixed veggies, fresh fruit &amp; milk</p> <p>PM: String cheese &amp; Club crackers</p>	<p><b>14</b> AM: Fig Bars &amp; milk</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Craisins</p>	<p><b>15</b> AM: Cheerios &amp; Milk</p> <p>L: Vegetarian Bean and Cheese Burrito, fresh fruit &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>
<p><b>18</b> AM: Toasted Bagel &amp; Cream Cheese</p> <p>L: Turkey hot dog, tater tots, fresh fruit &amp; milk</p> <p>PM: String cheese &amp; Pretzels</p>	<p><b>19</b> AM: English Muffins w/Jelly &amp; Milk</p> <p>L: Turkey Sliders, fresh fruit, carrots &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>	<p><b>20</b> AM: Star fish pancakes &amp; Milk</p> <p>L: Fish Sticks, Rice, peas &amp; carrots, milk</p> <p>PM: Goldfish Crackers &amp; Craisins</p>	<p><b>21</b> AM: Cereal Bars &amp; Milk</p> <p>L: Chicken Taquitos, carrots, fresh fruit, &amp; milk</p> <p>PM: Snack Mix &amp; Fresh Fruit</p>	<p><b>22</b> AM: French Toast Sticks &amp; Milk</p> <p>L: Cheese Quesadillas, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Goldfish crackers &amp; Raisins</p>
<p><b>25</b> AM: Cinnamon Toast &amp; milk</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; fresh fruit</p>	<p><b>28</b> AM: Graham Crackers &amp; low-fat yogurt</p> <p>L: Vegetarian bean &amp; cheese burrito, fresh fruit &amp; milk</p> <p>PM: Goldfish Crackers &amp; Fresh Fruit</p>	<p><b>29</b> AM: Waffles &amp; Bananas</p> <p>L: Chicken Nuggets w/ BBQ sauce, mashed potatoes, peas &amp; milk</p> <p>PM: Graham crackers &amp; Fresh Fruit</p>	<p><b>30</b> AM: Fig Bars &amp; Milk</p> <p>L:Pasta w/ marinara sauce, mixed veggies &amp; milk</p> <p>PM: Club Crackers &amp; String Cheese</p>	<p><b>31</b> AM: Cheerios &amp; Milk</p> <p>L: Grilled Cheese on whole wheat, carrots, fresh fruit &amp; milk</p> <p>PM: Fresh Fruit &amp; Snack Mix</p>

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.