


# February Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 AM: Waffles &amp; Bananas</p> <p>L: Chicken corn dogs, green beans, fresh fruit &amp; milk</p> <p>PM: Fresh Fruit &amp; Snack Mix</p>	<p>2 AM: Fig Bars &amp; Milk</p> <p>L: Turkey &amp; Cheese slices, crackers, carrots, fresh fruit &amp; milk</p> <p>PM: Graham Crackers &amp; Fresh Fruit</p>	<p>3 AM: Cheerios &amp; Milk</p> <p>L: Chicken Nuggets, mashed potatoes, mixed veggies &amp; milk</p> <p>PM: String Cheese &amp; Club Crackers</p>
<p>6 AM: Toasted Bagel &amp; Cream Cheese</p> <p>L: Fish sticks, rice, peas &amp; carrots, milk</p> <p>PM: Goldfish Crackers &amp; Raisins</p>	<p>7 AM: English Muffin w/ Jelly &amp; Milk</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Fresh Fruit</p>	<p>8 AM: Pancakes &amp; Fresh Fruit</p> <p>L: Turkey Sliders, Mixed Veggies, Fresh Fruit, &amp; Milk</p> <p>PM: String Cheese &amp; Club Crackers</p>	<p>9 AM: Cereal Bars &amp; Milk</p> <p>L: Pasta w/butter &amp; parmesan, steamed broccoli, fresh fruit &amp; milk</p> <p>PM: Fresh Fruit &amp; Snack Mix</p>	<p>10 AM: French Toast Sticks &amp; Milk</p> <p>L: Grilled cheese sandwiches, fresh fruit &amp; milk</p> <p>PM: Graham Crackers &amp; Fresh Fruit</p>
<p>13 AM: Cinnamon Toast &amp; Milk</p> <p>L: Fish sticks, tater tots, fresh fruit, &amp; milk</p> <p>Pm: Pita Triangles &amp; Hummus</p>	<p>14 AM: Low-Fat Yogurt &amp; Graham Crackers</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Snack Mix &amp; Raisins</p>	<p>15 AM: Waffles &amp; Bananas</p> <p>L: Pasta Alfredo, green beans, fresh fruit &amp; milk</p> <p>PM: String Cheese &amp; Club Crackers</p>	<p>16 AM: Fig Bars &amp; Milk</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Cheese sticks</p>	<p>17 AM: Cheerios &amp; Milk</p> <p>L: Vegetarian bean &amp; cheese burrito, fresh fruit &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>
<p>20 AM: Toasted Bagel &amp; Cream Cheese</p> <p>L: Turkey hot dog, tater tots, fresh fruit, &amp; milk</p> <p>PM: String Cheese &amp; Pretzels</p>	<p>21 AM: English Muffin w/ Jelly &amp; Milk</p> <p>L: Turkey Sliders, fresh fruit, carrot sticks &amp; milk</p> <p>PM: Animal Crackers &amp; Fresh Fruit</p>	<p>22 AM: Pancakes &amp; Fresh Fruit</p> <p>L: Pasta w/ butter &amp; parmesan, mixed veggies, fresh fruit &amp; milk</p> <p>PM: Crackers &amp; Sliced Cheese</p>	<p>23 AM: Cereal Bars &amp; Milk</p> <p>L: Chicken Taquitos, carrots, fresh fruit &amp; milk</p> <p>PM: Snack Mix &amp; Fresh Fruit</p>	<p>24 AM: French Toast Sticks &amp; Milk</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit &amp; milk</p> <p>PM: Goldfish Crackers &amp; Raisins</p>
<p>27 AM: Cinnamon Toast &amp; Milk</p> <p>L: Cheese pizza, green beans, fresh fruit &amp; milk</p> <p>PM: Pretzels &amp; Fresh Fruit</p>	<p>28 AM: Low-Fat Yogurt &amp; Graham Crackers</p> <p>L: Vegetarian bean &amp; cheese burrito, fresh fruit &amp; milk</p> <p>PM: Goldfish Crackers &amp; Raisins</p>			

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.