

March Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Waffles & Bananas L: Chicken corn dogs, green beans, fresh fruit & milk PM: Fresh Fruit & Snack Mix	2 AM: Fig Bars & Milk L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	3 AM: Cheerios & Milk L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
6 AM: Toasted Bagel & Cream Cheese L: Fish sticks, rice, peas & carrots, milk PM: Goldfish Crackers & Raisins	7 AM: English Muffin w/ Jelly & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: String Cheese & Club Crackers	8 AM: Pancakes & Fresh Fruit L: Chicken Noodle Soup, Cheese & Crackers, Fresh Fruit, & Milk PM: Pretzels & Fresh Fruit	9 AM: Cereal Bars & Milk L: Pasta w/butter & parmesan, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	10 AM: French Toast Sticks & Milk L: Grilled cheese sandwiches, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
13 AM: Cinnamon Toast & Milk L: Fish sticks, tater tots, fresh fruit, & milk Pm: Pita Triangles & Hummus	14 AM: Low-Fat Yogurt & Graham Crackers L: Cheese pizza, green beans, fresh fruit & milk PM: Snack Mix & Raisins	15 AM: Waffles & Bananas L: Vegetarian bean and cheese burrito, fresh fruit & milk PM: String Cheese & Club Crackers	16 AM: Fig Bars & Milk L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Pretzels & Cheese sticks	17 AM: Low Fat "rainbow" yogurt & Graham crackers L: Pasta w/butter & Parmesan, green beans, green apples, & milk PM: Rainbow Goldfish & Green Grapes
20 AM: Toasted Bagel & Cream Cheese L: Turkey hot dog, tater tots, fresh fruit, & milk PM: String Cheese & Pretzels	21 AM: English Muffin w/ Jelly & Milk L: Turkey Sliders, fresh fruit, carrot sticks & milk PM: Animal Crackers & Fresh Fruit	22 AM: Pancakes & Fresh Fruit L: Pasta w/ butter & parmesan, mixed veggies, fresh fruit & milk PM: Crackers & Sliced Cheese	23 AM: Cereal Bars & Milk L: Chicken Taquitos, carrots, fresh fruit & milk PM: Snack Mix & Fresh Fruit	24 AM: French Toast Sticks & Milk L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Goldfish Crackers & Raisins
27 AM: Cinnamon Toast & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Pretzels & Fresh Fruit	28 AM: Low-Fat Yogurt & Graham Crackers L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Goldfish Crackers & Raisins	29 AM: Waffles & Bananas L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk PM: Graham Crackers & Fresh Fruit	30 AM: Fig Bars & Milk L: Pasta w/ marinara sauce, mixed veggies & milk PM: Club Crackers & String Cheese	31 AM: Cheerios & Milk L: Grilled Cheese sandwiches, carrots, fresh fruit & milk PM: Fresh Fruit & Snack Mix

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.