



# November Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Waffles & Bananas  L: Chicken corn dogs, green beans, fresh fruit & milk  PM: Fresh Fruit & Snack Mix	2 AM: Fig Bars & Milk  L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk  PM: Graham Crackers & Fresh Fruit	3 AM: Cheerios & Milk  L: Chicken Nuggets, mashed potatoes, mixed veggies & milk  PM: String Cheese & Club Crackers
6 AM: Toasted Bagel & Cream Cheese  L: Fish sticks, rice, peas & carrots, milk  PM: Goldfish Crackers & Raisins	7 AM: English Muffin w/ Jelly & Milk  L: Pasta Alfredo, steamed broccoli, fresh fruit & milk  PM: Fresh Fruit & Snack Mix	8 AM: Pancakes & Fresh Fruit  L: Chicken Noodle Soup, Fresh Fruit, & Milk  PM: String Cheese & Club Crackers	9 AM: Cereal Bars & Milk  L: Cheese pizza, green beans, fresh fruit & milk  PM: Pretzels & Fresh Fruit	10 In observance of Veterans Day, we will be CLOSED  
13 AM: Cinnamon Toast & Milk  L: Fish sticks, tater tots, fresh fruit, & milk  Pm: Pita Triangles & Hummus	14 AM: Low-Fat Yogurt & Graham Crackers  L: Cheese pizza, green beans, fresh fruit & milk  PM: Snack Mix & Raisins	15 AM: Waffles & Bananas  L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk  PM: Pretzels & Cheese sticks	16 AM: Fig Bars & Milk  L: Pasta Alfredo, mixed veggies, fresh fruit & milk  PM: String Cheese & Club Crackers	17 AM: Cheerios & Milk  L: Vegetarian bean & cheese burrito, fresh fruit & milk  PM: Animal Crackers & Fresh Fruit
20 AM: Toasted Bagel & Cream Cheese  L: Turkey hot dog, tater tots, fresh fruit, & milk  PM: String Cheese & Pretzels	21 AM: Pancakes & Fresh Fruit  L: Turkey Sliders, fresh fruit, carrot sticks & milk  PM: Animal Crackers & Fresh Fruit	22 AM: English Muffin w/ Jelly & Milk  L: Pasta Alfredo, steamed broccoli, fresh fruit & milk  PM: Crackers & Sliced Cheese	23 	24 AM: French Toast Sticks & Milk  L: Cheese pizza, green beans, fresh fruit & milk  <b>CLOSED AT NOON</b>
27 AM: Cinnamon Toast & Milk  L: Cheese pizza, green beans, fresh fruit & milk  PM: Pretzels & Fresh Fruit	28 AM: Low-Fat Yogurt & Graham Crackers  L: Vegetarian bean & cheese burrito, fresh fruit & milk  PM: Goldfish Crackers & Raisins	29 AM: Waffles & Bananas  L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk  PM: Graham Crackers & Fresh Fruit	30 AM: Fig Bars & Milk  L: Pasta Alfredo, steamed broccoli, fresh fruit & milk  PM: Fresh Fruit & Snack Mix	

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.