

December Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM: Cheerios & Milk L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
4 AM: Toasted Bagel & Cream Cheese L: Fish sticks, rice, peas & carrots, milk PM: Goldfish Crackers & Raisins	5 AM: English Muffin w/ Jelly & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	6 AM: Pancakes & Fresh Fruit L: Chicken Noodle Soup, Fresh Fruit, & Milk PM: String Cheese & Club Crackers	7 AM: Cereal Bars & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Pretzels & Fresh Fruit	8 AM: French Toast Sticks & Milk L: Grilled cheese sandwiches, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
11 AM: Cinnamon Toast & Milk L: Fish sticks, tater tots, fresh fruit, & milk Pm: Pita Triangles & Hummus	12 AM: Low-Fat Yogurt & Graham Crackers L: Cheese pizza, green beans, fresh fruit & milk PM: Snack Mix & Raisins	13 AM: Waffles & Bananas L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Pretzels & Cheese sticks	14 AM: Fig Bars & Milk L: Pasta Alfredo, mixed veggies, fresh fruit & milk PM: String Cheese & Club Crackers	15 AM: Cheerios & Milk L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Animal Crackers & Fresh Fruit
18 AM: Toasted Bagel & Cream Cheese L: Turkey hot dog, tater tots, fresh fruit, & milk PM: String Cheese & Pretzels	19 AM: Pancakes & Fresh Fruit L: Turkey Sliders, fresh fruit, carrot sticks & milk PM: Animal Crackers & Fresh Fruit	20 AM: English Muffin w/ Jelly & Milk L: Chicken Taquitos, carrots, fresh fruit, & milk PM: Crackers & Sliced Cheese	21 AM: Cereal Bars & Milk L: Pasta w/ marinara sauce, mixed veggies & milk PM: Club Crackers & String Cheese	22 AM: French Toast Sticks & Milk L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Goldfish Crackers & Raisins
	26 AM: Low-Fat Yogurt & Graham Crackers L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Goldfish Crackers & Raisins	27 AM: Waffles & Bananas L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk PM: Graham Crackers & Fresh Fruit	28 AM: Fig Bars & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	29 AM: Cheerios & Milk L: Grilled Cheese sandwiches, carrots, fresh fruit & milk PM: Fresh Fruit & Snack Mix

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.