

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 AM: Cinnamon Toast & Milk</p> <p>L: Mac 'N Cheese, mixed veggies, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>	<p>2 AM: Waffles & Bananas</p> <p>L: Chicken corn dogs, green beans, fresh fruit & milk</p> <p>PM: Fresh Fruit & Snack Mix</p>	<p>3 AM: Fig Bars & Milk</p> <p>L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>	<p>4 AM: Cheerios & Milk</p> <p>L: Chicken Nuggets, mashed potatoes, mixed veggies & milk</p> <p>PM: String Cheese & Club Crackers</p>
<p>7 AM: Toasted Bagel & Cream Cheese</p> <p>L: Fish sticks, rice, peas & carrots, milk</p> <p>PM: Goldfish Crackers & Raisins</p>	<p>8 AM: English Muffin w/ Jelly & Milk</p> <p>L: Pasta Alfredo, steamed broccoli, fresh fruit & milk</p> <p>PM: Fresh Fruit & Snack Mix</p>	<p>9 AM: Pancakes & Fresh Fruit</p> <p>L: Scrambled eggs, tator tots, fresh fruit & milk</p> <p>PM: String Cheese & Club Crackers</p>	<p>10 AM: Cereal Bars & Milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Pretzels & Fresh Fruit</p>	<p>11 AM: French Toast Sticks & Milk</p> <p>L: Grilled cheese sandwiches, fresh fruit & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>
<p>14 AM: Cinnamon Toast & Milk</p> <p>L: Fish sticks, tater tots, fresh fruit, & milk</p> <p>Pm: Pita Triangles & Hummus</p>	<p>15 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Snack Mix & Raisins</p>	<p>16 AM: Waffles & Bananas</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Pretzels & Cheese sticks</p>	<p>17 AM: Fig Bars & Milk</p> <p>L: Pasta Alfredo, mixed veggies, fresh fruit & milk</p> <p>PM: String Cheese & Club Crackers</p>	<p>18 AM: Cheerios & Milk</p> <p>L: Vegetarian bean & cheese burrito, fresh fruit & milk</p> <p>PM: Saltines & Fresh Fruit</p>
<p>21 AM: Toasted Bagel & Cream Cheese</p> <p>L: Turkey hot dog, tater tots, fresh fruit, & milk</p> <p>PM: String Cheese & Pretzels</p>	<p>22 AM: Pancakes & Fresh Fruit</p> <p>L: Turkey Sliders, fresh fruit, carrot sticks & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>	<p>23 AM: English Muffin w/ Jelly & Milk</p> <p>L: Chicken Taquitos, carrots, fresh fruit, & milk</p> <p>PM: Crackers & Sliced Cheese</p>	<p>24 AM: Cereal Bars & Milk</p> <p>L: Pasta w/ marinara sauce, mixed veggies & milk</p> <p>PM: Club Crackers & String Cheese</p>	<p>25 AM: French Toast Sticks & Milk</p> <p>L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>
<p>28 AM: Cinnamon Toast & Milk</p> <p>L: Cheese pizza, green beans, fresh fruit & milk</p> <p>PM: Pretzels & Fresh Fruit</p>	<p>29 AM: Low-Fat Yogurt & Graham Crackers</p> <p>L: Vegetarian bean & cheese burrito, fresh fruit & milk</p> <p>PM: Goldfish Crackers & Raisins</p>	<p>30 AM: Waffles & Bananas</p> <p>L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk</p> <p>PM: Graham Crackers & Fresh Fruit</p>	<p>31 AM: "Slime" (colored yogurt) & Graham Crackers</p> <p>L: Jack-o-dillas (cheese quesadillas), ghostly bananas, green beans & milk</p> <p>PM: Goldfish Crackers & Raisins</p> <p style="text-align: center;">Orange & Black Day</p>	

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.

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