March Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM: Low-Fat Yogurt & Graham Crackers	4 AM: Cinnamon Toast & Milk	5 AM: Waffles & Bananas	6 AM: Fig Bars & Milk	7 AM: Cheerios & Milk
L: Grilled cheese on whole wheat, carrots, fresh fruit & milk	L: Mac 'N Cheese, mixed veggies, fresh fruit & milk	L: Chicken corn dogs, green beans, fresh fruit & milk	L: Turkey & Cheese slices, crackers, carrots, fresh fruit &	L: Chicken Nuggets, mashed potatoes, mixed veggies & milk
PM: Apple Slices & Pretzels	PM: Goldfish Crackers & Raisins	PM: Fresh Fruit & Snack Mix	milk PM: Graham Crackers & Fresh Fruit	PM: String Cheese & Club Crackers
10 AM: Toasted Bagel & Cream Cheese	11 AM: English Muffin w/ Jelly & Milk	12 AM: Pancakes & Fresh Fruit	13 AM: Cereal Bars & Milk	14 AM: French Toast Sticks & Milk
L: Fish sticks, rice, peas & carrots, milk	L: Pasta Alfredo, steamed broccoli, fresh fruit & milk	L: Chicken Noodle & Veggie Soup, cheese & crackers, fresh fruit &	L: Cheese pizza, green beans, fresh fruit & milk	L: Grilled cheese sandwiches, fresh fruit & milk
PM: Goldfish Crackers & Raisins	PM: Fresh Fruit & Snack Mix	milk PM: String Cheese & Club Crackers	PM: Pretzels & Fresh Fruit	PM: Graham Crackers & Fresh Fruit
17 Green Day AM: Low Fat "rainbow" yogurt & graham crackers	18 AM: Low-Fat Yogurt & Graham Crackers	19 AM: Waffles & Bananas	20 AM: Fig Bars & Milk	21 AM: Cheerios & Milk
L: Paster w/butter, green beans, green apples, & milk	L: Cheese pizza, green beans, fresh fruit & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk	L: Pasta Alfredo, mixed veggies, fresh fruit & milk	L: Vegetarian bean & cheese burrito, fresh fruit & milk
Pm: Rainbow Goldfish & Fresh Fruit	PM: Snack Mix & Raisins	PM: Pretzels & Cheese sticks	PM: String Cheese & Club Crackers	PM: Saltines & Fresh Fruit
24 AM: Toasted Bagel & Cream Cheese	25 AM: Pancakes & Fresh Fruit	26 AM: English Muffin w/ Jelly & Milk	27 AM: Cereal Bars & Milk	28 AM: French Toast Sticks & Milk
L: Turkey hot dog, tater tots, fresh fruit, & milk	L: Turkey Sliders, fresh fruit, carrot sticks & milk	L: Chicken Taquitos, carrots, fresh fruit, & milk	L: Pasta w/ marinara sauce, mixed veggies & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk
PM: String Cheese & Pretzels	PM: Graham Crackers & Fresh Fruit	PM: Crackers & Sliced Cheese	PM: Club Crackers & String Cheese	PM: Goldfish Crackers & Raisins
31 AM: Cinnamon Toast & Milk				
L: Cheese pizza, green beans, fresh fruit & milk				
PM: Pretzels & Fresh Fruit				

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.