


May Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Fig Bars & Milk L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	2 AM: Cheerios & Milk L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
5 AM: Toasted Bagel & Cream Cheese L: Fish sticks, rice, peas & carrots, milk PM: Goldfish Crackers & Raisins	6 AM: English Muffin w/ Jelly & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	7 AM: Pancakes & Fresh Fruit L: Scrambled eggs, tater tots, fresh fruit & milk PM: String Cheese & Club Crackers	8 AM: French Toast Sticks & Milk L: Grilled cheese on whole wheat, carrots, fresh fruit & milk PM: Pretzels & Fresh Fruit	9 AM: Cereal Bars & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
12 AM: Fig Bars & Milk L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	13 AM: Low-Fat Yogurt & Graham Crackers L: Turkey Sliders, fresh fruit, carrot sticks & milk PM: Snack Mix & Raisins	14 AM: Waffles & Bananas L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Pretzels & Cheese sticks	15 AM: Fig Bars & Milk L: Pasta Alfredo, mixed veggies, fresh fruit & milk PM: String Cheese & Club Crackers	16 AM: Cheerios & Milk L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Saltines & Fresh Fruit
19 AM: Toasted Bagel & Cream Cheese L: Turkey hot dog, tater tots, fresh fruit, & milk PM: String Cheese & Pretzels	20 AM: Pancakes & Fresh Fruit L: Cheese pizza, green beans, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	21 AM: English Muffin w/ Jelly & Milk L: Chicken Taquitos, carrots, fresh fruit, & milk PM: Crackers & Sliced Cheese	22 AM: Cereal Bars & Milk L: Pasta w/ marinara sauce, mixed veggies & milk PM: Club Crackers & String Cheese	23 AM: French Toast Sticks & Milk L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Goldfish Crackers & Raisins
26 	27 AM: Low-Fat Yogurt & Graham Crackers L: Vegetarian bean & cheese burrito, fresh fruit & milk PM: Goldfish Crackers & Raisins	28 AM: Waffles & Bananas L: Chicken Nuggets w/ BBQ dipping sauce, mashed potatoes, peas & milk PM: Graham Crackers & Fresh Fruit	29 AM: Fig Bars & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	30 AM: Cheerios & Milk L: Grilled Cheese sandwiches, carrots, fresh fruit & milk PM: Saltines & Fresh Fruit

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.