## October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM: Waffles & Bananas	2 AM: Fig Bars & Milk	3 AM: Cheerios & Milk
		L: Chicken corn dogs, green beans, fresh fruit & milk	L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk	L: Chicken Nuggets, mashed potatoes, mixed veggies & milk
		PM: Fresh Fruit & Snack Mix	PM: Graham Crackers & Fresh Fruit	PM: String Cheese & Club Crackers
6 AM: Toasted Bagel & Cream Cheese	7 AM: English Muffin w/ Jelly & Milk	8 AM: Pancakes & Fresh Fruit	9 AM: Cereal Bars & Milk	10 AM: French Toast Sticks & Milk
L: Fish sticks, rice, peas & carrots, milk	L: Pasta Alfredo, steamed broccoli, fresh fruit & milk	L: Fish sticks, tator tots, fresh fruit & milk	L: Grilled cheese sandwiches, carrots, fresh fruit & milk	L: Cheese pizza, green beans, fresh fruit & milk
PM: Goldfish Crackers & Raisins	PM: Fresh Fruit & Snack Mix	PM: String Cheese & Club Crackers	PM: Pretzels & Fresh Fruit	PM: Graham Crackers & Fresh Fruit
13 AM: Cinnamon Toast & Milk	14 AM: Low-Fat Yogurt & Graham Crackers	15 AM: Waffles & Bananas	16 AM: Fig Bars & Milk	17 AM: Cheerios & Milk
L: Fish sticks, tater tots, fresh fruit, & milk	L: Cheese pizza, green beans, fresh fruit & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk	L: Pasta Alfredo, mixed veggies, fresh fruit & milk	L: Vegetarian bean & cheese burrito, fresh fruit & milk
Pm: Pita Triangles & Hummus	PM: Snack Mix & Raisins	PM: Pretzels & Cheese sticks	PM: String Cheese & Club Crackers	PM: Saltines & Fresh Fruit
20 AM: Toasted Bagel & Cream Cheese	21 AM: Pancakes & Fresh Fruit	22 AM: English Muffin w/ Jelly & Milk	23 AM: Cereal Bars & Milk	24 AM: French Toast Sticks & Milk
L: Turkey hot dog, tater tots, fresh fruit, & milk	L: Turkey Sliders, fresh fruit, carrot sticks & milk	L: Chicken Taquitos, carrots, fresh fruit, & milk	L: Pasta w/ marinara sauce, mixed veggies & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk
PM: String Cheese & Pretzels	PM: Graham Crackers & Fresh Fruit	PM: Crackers & Sliced Cheese	PM: Club Crackers & String Cheese	PM: Goldfish Crackers & Raisins
27 AM: Cinnamon Toast & Milk	28 AM: Low-Fat Yogurt & Graham Crackers	29 AM: Waffles & Bananas	30 AM: Fig Bars & Milk	31 AM: "Slime" (colored yogurt & graham crackers)
L: Cheese pizza, green beans, fresh fruit & milk	L: Vegetarian bean & cheese burrito, fresh fruit & milk	L: Chicken Nuggets, mashed potatoes, mixed veggies & milk	L: Pasta Alfredo, mixed veggies, fresh fruit & milk	L: Grilled cheese sandwiches, ghostly bananas & milk
PM: Pita Triangles & Hummus	PM: Saltines & Fresh Fruit	PM: Graham Crackers & Fresh Fruit	PM: Snack Mix & Fresh Fruit	PM: Goldfish Crackers & Raisins Orange & Black Day