

3580 Mt. Acadia Blvd San Diego, CA 92111 (858) 560-0985 fax (858) 560-1014 www.weecarepreschools.com Diane Martine, Director

### SEPTEMBER 2025



Social Development: My Friends, , My Classroom, On the Go

Writing Skills: Letters: Tt, Oo, Rr Numbers: 3 & 4 Color of the month: Blue Shape: Octagon

Classroom Rules & Expectations, Responsibility for My Actions, Making Friends, Talking with Friends

Down the Road, Air & Water Transportation, Public Transportation

Seasonal: Labor Day, Grandparent's Day



#### Welcome to Wee Care

I would like to take this opportunity to welcome everyone to the 2025-2026 school year. Your child will enjoy many new experiences under the supervision of trained childcare professionals. The care and supervision of your child will always be our top priority.

While we strive to offer the very best care possible, we do realize that problems may arise from time to time. I am always available to hear your concerns and will take appropriate action when needed. Please do not hesitate to contact me in person, by phone, or email any time, for any reason.

I am looking forward to another great year at Wee Care!

Diane Martine
Director
858-560-0985
diane@weecarepreschools.com
office hours: 8am – 5pm

## Gentle Reminders for a Great New School Year:

- Label Everything! Bedding, jackets, extra clothing...all items from home. Even just first and last initials will help!
- Check your Parent Pocket & Email regularly for notices, newsletters, etc. Read these notices and the information posted on the Parent Board to ensure that you do not miss out on any special activities or information.
- Every child, regardless of age, must have at least one full set of clothing for emergencies. This clothing should be in a clear bag (like a Ziplock) with the child's name on the outside.

# \* SEPTEMBER BIRTHDAYS \* Sterling H \* Daniel V \* Antonia E \* Drew C \* Holly C \* Max B Cameron W \* Ayla T \* Elena R

Ms. Alma



Good news! This month's Scholastic Reading Club fliers are ready for you to explore with your child. Children read more when they choose their own books, so I encourage you to look at the flyers together. Each flyer is filled with grade-specific, affordable titles and Storia® eBooks. Place your order online at scholastic.com/readingclub or return the order form and payment to me. If you do not receive a flyer, you can still place an order online.

**Shop Online**: scholastic.com/readingclub **One-Time Class Activation Code**: GRVFZ



### FOOD FROM HOME

Please keep in mind a few things if you choose to send food from home to school with your child:

We only eat while seated at the tables in our kitchens. <u>Please do not allow your child to walk into school with food in hand.</u> Food from home should be taken directly to the kitchen.

Breakfast is served until 7:15am. After this time, we will be either playing on the playground or having activities in our classrooms **where we do not allow food**. Breakfast foods brought in after 7:15 should be dropped off in the kitchen where it will be saved until morning snack which begins shortly after 8:00am.

We do not include "desserts" or junk food items on our menus so we ask that you not send these types of items with your child. *Chips, cookies, donuts, candy, etc., are all foods that need to be saved for home and will not be served to your child if you send them.* 

**Food may not be kept in cubbies**, as we do not wish to have problems with bugs in our classrooms. All food from home must be clearly labeled with your child's name and dropped off in our kitchen. Please NO GLASS.

Thank you in advance for your cooperation!



You can access your account information any time by going to the website myprocare.com. Use the username and password that you set up in our parent app and then go to reports. This information is not available in our parent app.

### SEPTEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 AM: Cinnamon Toast & Milk	3 AM: Waffles & Bananas	4 AM: Fig Bars & Milk	5 AM: Cheerios & Milk
* * * * * * * * * * * * * * * * * * *	L: Mac 'N Cheese, mixed veggies, fresh fruit & milk	L: Chicken corn dogs, green beans, fresh fruit & milk	L: Turkey & Cheese slices, crackers, carrots, fresh fruit & milk	L: Chicken Nuggets, mashed potatoes, mixed veggies & milk
IN OBSERVANCE OF LABOR DAY	PM: Goldfish Crackers & Raisins	PM: Fresh Fruit & Snack Mix	PM: Graham Crackers & Fresh Fruit	PM: String Cheese & Club Crackers
8 AM: Toasted Bagel & Cream Cheese	9 AM: English Muffin w/ Jelly & Milk	10 AM: Pancakes & Fresh Fruit	11 AM: Cereal Bars & Milk	12 AM: French Toast Sticks & Milk
L: Fish sticks, rice, peas & carrots, milk	L: Pasta Alfredo, steamed broccoli, fresh fruit & milk	L: Fish sticks, tator tots, fresh fruit & milk	L: Grilled cheese sandwiches, carrots, fresh fruit & milk	L: Cheese pizza, green beans, fresh fruit & milk
PM: Goldfish Crackers & Raisins	PM: Fresh Fruit & Snack Mix	PM: String Cheese & Club Crackers	PM: Pretzels & Fresh Fruit	PM: Graham Crackers & Fresh Fruit
1.5	16	17	10	10
15 AM: Cinnamon Toast & Milk	16 AM: Low-Fat Yogurt & Graham Crackers	17 AM: Waffles & Bananas	18 AM: Fig Bars & Milk	19 AM: Cheerios & Milk
L: Fish sticks, tater tots, fresh fruit, & milk	L: Cheese pizza, green beans, fresh fruit & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk	L: Pasta Alfredo, mixed veggies, fresh fruit & milk	L: Vegetarian bean & cheese burrito, fresh fruit & milk
Pm: Pita Triangles & Hummus	PM: Snack Mix & Raisins	PM: Pretzels & Cheese sticks	PM: String Cheese & Club Crackers	PM: Saltines & Fresh Fruit
22	23	24	25	26
AM: Toasted Bagel & Cream Cheese	AM: Pancakes & Fresh Fruit	AM: English Muffin w/ Jelly & Milk	AM: Cereal Bars & Milk	AM: French Toast Sticks & Milk
L: Turkey hot dog, tater tots, fresh fruit, & milk	L: Turkey & Cheese slices, fresh fruit, carrot sticks & milk	L: Chicken Taquitos, carrots, fresh fruit, & milk	L: Pasta w/ marinara sauce, mixed veggies & milk	L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk
PM: String Cheese & Pretzels	PM: Graham Crackers & Fresh Fruit	PM: Crackers & Sliced Cheese	PM: Club Crackers & String Cheese	PM: Goldfish Crackers & Raisins
29 AM: Cinnamon Toast & Milk	30 AM: Low-Fat Yogurt & Graham Crackers			Breakfast is over at 7:15 and is always cold cereal,
L: Cheese pizza, green beans, fresh fruit & milk	L: Vegetarian bean & cheese burrito, fresh fruit & milk			milk, & fresh fruit  AM: is mid-
PM: Pita Triangles & Hummus	PM: Goldfish Crackers & Raisins			morning snack. Times are posted at each classroom