



January Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 	2 AM: Cheerios & Milk L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: String Cheese & Club Crackers
5 AM: Toasted Bagel & Cream Cheese L: Mac 'N Cheese, green beans, fresh fruit & milk PM: Goldfish Crackers & Raisins	6 AM: English Muffin w/ Jelly & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Fresh Fruit & Snack Mix	7 AM: Pancakes & Fresh Fruit L: Fish sticks, tater tots, fresh fruit & milk PM: String Cheese & Club Crackers	8 AM: Cereal Bars & Milk L: Grilled cheese sandwiches, carrots, fresh fruit & milk PM: Pretzels & Fresh Fruit	9 AM: French Toast Sticks & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
12 AM: Cinnamon Toast & Milk L: Cheese pizza, green beans, fresh fruit & milk Pm: Pita Triangles & Hummus	13 AM: Low-Fat Yogurt & Graham Crackers L: Chicken Noodle soup, fresh fruit, carrot sticks & milk PM: Snack Mix & Raisins	14 AM: Waffles & Bananas L: Cheese quesadillas, vegetarian refried beans, fresh fruit & milk PM: Pretzels & Cheese sticks	15 AM: Fig Bars & Milk L: Pasta w/,marinara sauce, mixed veggies, fresh fruit & milk PM: String Cheese & Club Crackers	16 AM: Cheerios & Milk L: Bean & cheese burrito, fresh fruit & milk PM: Saltines & Fresh Fruit
19 	20 AM: Pancakes & Fresh Fruit L: Fish sticks, tater tots, fresh fruit & milk PM: Graham Crackers & Fresh Fruit	21 AM: English Muffin w/ Jelly & Milk L: Chicken Taquitos, carrots, fresh fruit, & milk PM: Crackers & Sliced Cheese	22 AM: Cereal Bars & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Club Crackers & String Cheese	23 AM: French Toast Sticks & Milk L: Cheese quesadillas, carrot sticks, fresh fruit & milk PM: Graham Crackers & Fresh Fruit
26 AM: Cinnamon Toast & Milk L: Cheese pizza, green beans, fresh fruit & milk PM: Pita Triangles & Hummus	27 AM: Low-Fat Yogurt & Graham Crackers L: Bean & cheese burrito, fresh fruit & milk PM: Goldfish Crackers & Raisins	28 AM: Waffles & Bananas L: Chicken Nuggets, mashed potatoes, mixed veggies & milk PM: Graham Crackers & Fresh Fruit	29 AM: Fig Bars & Milk L: Pasta Alfredo, steamed broccoli, fresh fruit & milk PM: Snack Mix & Fresh Fruit	30 AM: Cereal Bars & Milk L: Fish sticks, tater tots, fresh fruit & milk PM: Saltines & Fresh Fruit

Breakfast is over at 7:15 and is always fresh fruit, cold cereal, and milk.